



From the Heart



Newsletter No. 13

7th May, 2025

COMING UP AT OLSH...

May 2025

Thurs 8th	Mothers Day event @ the Hall
Fri 9th	Learning showcase & open classrooms
Wed 14th	Cluster Winter Sports
Thurs 15th	School Open Day Walk to School Day
Fri 16th	Division Cross Country
Wed 21st	Simultaneous Story Time. 11:30 @ Elmore Library
Tues 27th	Regional Cross Country
Fri 30th	OLSH Associates Lunch @ 1pm OLSH Feast Day Liturgy @2:50pm

June 2025

9th June **Kings Birthday Public Holiday**

From the Principal...

Dear Families,

I am filled with gratitude for the many blessings we share within Our Lady of the Sacred Heart School community. This week, we have two significant celebrations that highlight the values and spirit of our school as heart people: Mother's Day and Catholic Education Week.

Mother's Day is a special time to honour and appreciate the incredible women and special people in our lives who love, nurture, guide and support us. Whether they are mothers, grandmothers, aunts, or people who are like mothers to us, their love and dedication are the foundation of our families and our community. We want to express our heartfelt thanks and show our appreciation for all they do. May we also remember and pray for those whose mothers are not able to be with them and for those mothers who are no longer with us, but whose love continues to inspire us.

We invite our mothers and those special people who are like mothers

to our students to our shared **Mother's Day Celebration at the Elmore Town Hall tomorrow, Thursday 8 May at 2pm**. Together with Elmore Primary and Elmore Kindergarten we have a wonderful celebration and afternoon tea planned for you all.

Also this week, we are excited to celebrate **Catholic Education Week**. This week is an opportunity to reflect on the unique mission of Catholic Education, the many people who came before us, the significant and rich impact of Catholic Education and the ways in which OLSH contribute to the flourishing of our children and all in our community. Our theme for this year is "Pilgrims of Hope," which reminds us of the journey we undertake together, guided by faith and hope, to create a better future for our children and our world.

During Catholic Education Week, we have **our Principal Tours for new and interested families – the next one is tomorrow, Thursday 8 May at 9am** and our **Learning Showcase to celebrate all the amazing achievements of our students and educators on Friday 9 May at 2:45pm**. We will start our showcase with a pilgrimage at OLSH to celebrate our hope and faith-filled educational journey together. We encourage all families to join on us on Friday in celebrating the rich traditions and vibrant future of Catholic education.

As we celebrate our mothers and those special people in our lives and the many gifts and blessings of Catholic Education Week, let us continue be hope-filled people who work together to create a nurturing and for our children. Thank you for your ongoing commitment to our school community.

Wishing you all a blessed Mother's Day and a joyful Catholic Education Week!

Peace and Blessings,

Lisa Hitchcock



Our Lady of the Sacred Heart School promotes the safety, wellbeing and inclusion of all children.

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School News

Learning Showcase

We will be opening our classrooms on Friday the 9th of May for a learning showcase to enable our parents to catch a glimpse into the amazing achievements of our learners.

Election Day Cake Stall

Thank you to everyone who was able to contribute and help out to our Election Day Cake Stall. This was a great success for our Elmore Educators Group and will provide a combined event for our children.

Enrolment 2026 Foundation

We welcome all new and interested families to our School Information Morning on **Thursday 15 May 9-11am**. Please pass this information to any families you know with pre-school children

**OUR LADY OF THE SACRED HEART
ELMORE**

**2026 ENROLMENT
School Open Day**

Thursday 15 May 9:00am-11:00am

Quality and affordable education for all - welcoming everyone!

Choose Excellence and Empowerment

Choose Courage and Compassion

Choose Achievement and Acceptance

We invite all new and interested families to attend our school open day to visit our classrooms and learn more about our vibrant and inclusive community.

SCHOOL TOURS ARE WELCOME AT ANYTIME

For more information or to book a tour
(03) 5432 6254
principal@olshelmore.catholic.edu.au
www.olshelmore.catholic.edu.au

Enrolments close 30 May 2025

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Principal: Lisa Hitchcock

School Information Morning:
Thursday 15th May 9.00am - 11.00am

Principal Learning Tour:
Thursday 8th May @ 9:00am

For any alternate time, please contact the school office.

Orientation Day:
Tuesday 9th December, 2025
11.45am - 1.45pm

Foundation Orientation Program - Little Chevies
Friday Oct 24th - 9:00am - 11:00am
Friday Oct 31st - 9:00am - 11:00am
Friday Nov 7th - 9:00am - 11:00am* *OLSH Mission Day*
optional but must attend with a parent
Friday Nov 14th - 9:00am - 11:00am
Tues Dec 9th 11:45am - 1:45pm

We are People

- who TOUCH the of others
- who are Faith Filled
- who Pursue Excellence

Please contact the school for any further information or to discuss alternative tour options

Winter Sports Day

Our students from Years 3-6 will compete in the Winter Sports Day (Netball, Soccer and Football) at Colbinabbin on **Wednesday 14 May between 12pm-2pm**. We invite our families to come along to support the students.

School News



OLSH
walk safely to
school day

On **Thursday May 15th**, OLSH will join with Elmore Primary and Elmore Kindergarten to walk to school together. Please meet at Elmore Railway Square at 8:25am to begin our walk at 8:30. Families are welcome and encouraged to join.



Mother's Day Celebration!

You are invited to a Mother's Day celebration

Where: Elmore Community hall
(Hervey street next to kinder)
When: Thursday 8th May
Time: 2.00-3.00pm
We hope to see you there.



OLSH
Learning Showcase
OPEN CLASSROOMS

Friday 9th May @2:45pm
Followed by assembly at 3:10pm



Please join us in our learning spaces to celebrate all of our learning achievements and celebrate Catholic Education Week



Celebrating CATHOLIC EDUCATION WEEK
5-9 May 2025





Simultaneous story time will be held on Wednesday 21st May from 11:45 at the Elmore Library. For F-4.

The children will be leaving school at 11:30 am to walk to the library.

Please feel free to join us at the library for this event.

Child Safeguarding

Our Lady of the Sacred Heart School Child Safeguarding

As a Child Safe School, Our Lady of the Sacred Heart is always reviewing and improving our Child Safeguarding Procedures. We are committed to Child Safety and ensuring the wellbeing and safety of every child in our care. As such, we are introducing a new Volunteer Procedure for all our parents and community. There will be opportunities to complete the Child Safeguarding Volunteer training and documentation at school supported by our staff. If you have any questions, please contact Mrs Hitchcock.

We ask to please talk to your child/ren about this poster to consolidate what is happening at school.

Our Lady of the Sacred Heart School Elmore is a

Child Safe School

we are committed to child safety at all levels

As a child, you have the right

- to tell someone if you are unhappy
- to have fun and do activities you enjoy
- to have a say and be heard
- to be provided with information
- to be allowed to be a child and be treated with respect

If you are an Aboriginal or Torres Strait Islander child, to feel proud and strong in your own culture.

If you do not feel safe, you can talk to one of our Child Safeguarding Officers.

- Mrs Lisa Hitchcock
- Mrs Denise Nihill
- Mrs Kim Portwine
- Mrs Lizzy Forbes

As a school community we work together to ensure we are child safe and that we empower student voice

MHiPS (Mental Health in Primary Schools)



Sleep plays a crucial role in the development of young minds. In addition to having a direct effect on happiness, research shows that sleep impacts alertness and attention, cognitive performance, mood, resiliency, learning and memory

Tips to support good sleep.

- Having a schedule that includes movement and relaxation.
- Eating a balanced healthy diet.
- Creating a bedtime routine that includes time to wind down.
- Keeping a regular bedtime
- Setting the room to slightly cooler with curtains closed
- Limiting screen time and turning off 1-2 hours prior to bed

Below is a short video clip on sleep education for children that you might like to view.

<https://www.bing.com/videos/riverview/relatedvideo?q=sleep+education+for+kids&mid=E76C9F3DB6E75C3A7653E76C9F3DB6E75C3A7653&FORM=VIRE>

Catholic Identity



Gracious and loving God, we thank you for the love and care of our mums and those who are like mums to us.

We place them in your tender care and ask you to give them strength when they are weary, knowledge and understanding when they are uncertain, compassion and kindness when they are struggling and and hearts full of love and joy.

We ask this prayer through Jesus your son.

All:
Amen.

MAY THE SACRED HEART OF JESUS BE EVERYWHERE LOVED!



PLEASE JOIN OUR

Our Lady's Feast Day

LUNCH

MAY 30TH
1PM



OLSH
CHEVI CENTRE
FOLLOWED BY A
SHORT LITURGY

Soup provided, bring a small plate to share.

donations
Before week 8 Term Two

**Desperately need
tinned food, soup,
spaghetti etc**

Elmore
Food Share

Wednesday 9-11am

3 Clarke St, Elmore - Elmore Community Hub

\$2 donation

Pasta, Bread, Dairy & Frozen goods, Fruit & Veg
Rice, Eggs, Tinned goods, cereal



Community News

KANGAROO FLAT FAMILY FUN DAY



FREE ENTRY **SUNDAY MAY 18, 2025** **12PM TO 3PM**

INDIGENOUS AND CULTURAL ACTIVITIES
LIVE ENTERTAINMENT ▽ AIRBRUSH TATTOOS
ANIMAL FARM ▽ ART AND CRAFT ▽ JUMPING CASTLE
FACE PAINTING ▽ BUBBLE ENTERTAINMENT ▽ GIVEAWAYS
ROVING CHARACTERS ▽ SPORTING ACTIVITIES
FREE FRESH FRUIT ▽ BBQ SAUSAGES, VEGGIE BURGERS,
HOT DOGS, CHICKEN STICKS AND DRINKS - ALL \$2 EACH

This is a smoke and vape free event and child safe event.

KANGAROO FLAT PRIMARY SCHOOL
60 OLYMPIC PARADE, KANGAROO FLAT



SHINE BRIGHT
Early Years Manager

Every Day,
In Every Moment,
Every Child Matters

Open Day

Tuesday 13th May 2025
9:00 am to 11:30 am

This is a great opportunity to make an informed decision about your child's 2026 3YO or 4YO kindergarten enrolment.

For a full list of our Kindergartens and Early Learning Centres visit www.shinebright.org.au



LEARNING FOR LIFE

Join our welcoming community in 2026 to learn the skills you need to thrive!

ENROL NOW

Enrolments for Year 7, 2026

Open: Wednesday 26 March 2025

Close: Friday 9 May 2025

Visit our website to download the **2026 College Prospectus** and **Book a Tour** online.

A Ministry of Mercy Education Ltd | ABN 69 154 531 870

Enrol online – cmc.vic.edu.au



**CATHERINE
McAULEY
COLLEGE
BENDIGO**

celebrating 150 years
1876 – 2026