



From the Heart



Newsletter No. 17

4th June, 2025

COMING UP AT OLSH...

June 2025

| | |
|----------------|--|
| Thu 5th | 8:40am Let's Bee Better Readers |
| Sun 8th | Pentecost Sunday |
| Mon 9th | Kings Birthday Public Holiday |
| Wed 11th | Division Soccer Drop In @ Drop Off with Jo Webb |
| Thu 12th | 8:40am Let's Bee Better Readers |
| Tues 17th | Rochester Secondary College visit |
| Wed 18th | Drop In @ Drop Off with Jo Webb |
| Thu 19th | 8:40am Let's Bee Better Readers |
| Wed 25th | Drop In @ Drop Off with Jo Webb |
| Thu 26th | 8:40am Let's Bee Better Readers |
| Fri 27th | Learning Showcase of classrooms at 2:30pm |

July 2025

| | |
|---------|---------------------------------|
| Wed 2nd | Drop In @ Drop Off with Jo Webb |
| Thu 3rd | 8:40am Let's Bee Better Readers |
| Fri 4th | Last day of Term 2 |



From the Principal...

Dear Families and Friends of OLSH,

As we welcome the beginning of winter, we are reminded of the beauty this season brings. The crisp air, the shorter days and the quiet moments invite us to slow down and reflect. Winter is also a time when we become more aware of our dependence on nature, especially the gift of rain. After a dry summer and autumn, our farms, gardens and waterways are in need of replenishment. We pray for gentle, nourishing rain to fall upon our land, bringing life and renewal to the earth.

This Sunday, we celebrate Pentecost, a joyful and powerful moment in our Church's story. It marks the coming of the Holy Spirit upon the apostles, filling them with courage, wisdom and the fire of faith to continue Jesus' mission and share the Gospel. Pentecost is often called the "birthday of the Church," reminding us that we too are called to be bearers of the Spirit—bringing peace, love and hope to those around us.

As we begin this new season, may we open our hearts to the Spirit's presence in our lives. Let us be inspired as individuals and as a faith community to act with kindness, speak with courage and live with compassion.

A Prayer for Pentecost

Come Holy Spirit

Come Spirit like rain, refresh, renew, revitalise.

Come Spirit like fire, embolden, enlighten, enable.

Come Spirit like a mighty wind, move, challenge, enkindle.

Come Spirit like wave, move, transform and lift up.

Come Spirit, come Breath, draw us close, bring gentleness, bring understanding.

Come Spirit, come Love, make one, make justice, make peace.

Come Spirit, come Kingdom, come hope, come joy, come faithfulness.

Amen.

Wishing you all a blessed Pentecost and a safe and enjoyable long weekend with your family.

With every blessing,

Lisa Hitchcock

At OLSH we acknowledge and pay respect to the Dja Dja Wurrung people, the original custodians of the land on which our parish school is located. We pay our respects to elders past and present and commit to actively work alongside First Nations People for reconciliation and justice for all.

Our Lady of the Sacred Heart School promotes the safety, wellbeing and inclusion of all children.

W: olshelmore.catholic.edu.au PH: 5432 6254 E: principal@olshelmore.catholic.edu.au

School News

OUR LADY OF THE SACRED HEART ELMORE

2026 ENROLMENT

Quality and affordable education for all - welcoming everyone!

Choose Excellence and Empowerment

Choose Courage and Compassion

Choose Acceptance and Achievement

Choose Our Lady of the Sacred Heart Elmore

*All inclusive fees from \$10 a week - no more to pay **

ENROL NOW

Enrolments close 30 May 2025
For more information or to book a tour
(03) 5432 6254
principal@olshelmore.catholic.edu.au
www.olshelmore.catholic.edu.au

*Subject to eligibility



Our Lady of the Sacred Heart

32 Jeffery Street, Elmore

Ph: 5432 6254

Web: www.olshelmore.catholic.edu.au
Email: admin@olshelmore.catholic.edu.au
principal@olshelmore.catholic.edu.au

Principal: Lisa Hitchcock

School tours are available and enrolments applications accepted throughout the year please contact the school office.

Orientation Day:

Tuesday 9th December, 2025
11.45am - 1.45pm

Foundation Orientation Program - Little Chevies

Come & try Little Chevies Friday May 23rd - 12:45pm-1:45pm
Come & try Little Chevies Thursday May 29th - 2:15pm-3:15pm
Friday Oct 24th - 9:00am - 11:00am
Friday Oct 31st - 9:00am - 11:00am
Friday Nov 7th - 9:00am - 11:00am* *OLSH Mission Day*
optional but must attend with a parent
Friday Nov 14th - 9:00am - 11:00am
Tues Dec 9th 11:45am - 1:45pm

We are People

- who TOUCH the of others
- who are Faith Filled
- who Pursue Excellence

Please contact the school for any further information or to discuss alternative tour options

Enrolment 2026 Foundation

Last Thursday, we welcomed our new and prospective 2026 Foundation students to a "Come and try - Little Chevies Music Session with Mr Mann!"

Today we welcomed our Little Chevies to a wellbeing session with Mrs Webb.

We will continue to accept enrolments for our 2026 school year. Please pass this information to any families you know with pre-school children.

Nationally Consistent Collection of Data on School Students with Disability

Each year, all Australian schools participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). This process helps schools to better understand and support students who require adjustments to their learning due to disability.

At our school, we are committed to ensuring every child receives the support they need to learn, experience success and flourish. The NCCD allows us to reflect on our practices, celebrate inclusive education and plan for continuous improvement.

Please see the information below to learn more about NCCD. If you have any questions about how the NCCD works or how it supports our students, please don't hesitate to contact us.

King's Birthday Long Weekend

A reminder that **Monday 9 June** is the King's Birthday Public Holiday. Week 8 will begin on Tuesday 10 June for our students and staff.

Let's Bee Better Readers

We have our reading each **Thursday at 8:40am**. We invite our families to join us and enjoy our students' reading!



Drop In @ Drop Off

Remember our Wednesday's Drop In @ Drop Off! We invite you to join us **Wednesday mornings** at drop off time in the Chevie Centre.

Please let us know if there is another time on Wednesday or Friday that you would like to catch up with Jo.

School News

Magnify Sandhurst

OLSH is 16 weeks on our Magnify Sandhurst journey! This unique and comprehensive educational endeavour combines evidence-based practices in teaching and learning to support each student's unique needs, strengths and goals across the Diocese of Sandhurst. The Magnify program focuses on strengthening core areas like literacy and numeracy, building supportive classroom environments and integrating Catholic values in daily learning. We are committed to continually improving outcomes and providing a program where every student can flourish, inspired by the mantra, "Every Student, Every Teacher, Every School, Every Day!"

Key Features of Magnify Sandhurst

Magnify Sandhurst aims to enhance learning outcomes through several key components:

- **Structured and Evidence-based Learning:** Using the latest neuroscience and a structured, knowledge-rich curriculum, we ensure students build deep understanding. A low-variance curriculum provides students with a consistent learning experience and reduces the amount of preparation and planning required by teachers, allowing teachers to focus on individual student needs.
- **Magnifying Literacy and Numeracy:** Providing targeted support and resources to improve reading, writing, and math skills at all levels. Special focus on Structured Literacy in F-2 and sequential programs from Years 3-10.
- **Instructional Coaching for Teachers:** Each teacher receives a dedicated coach and program to learn and practice the best techniques to meet students' learning needs. We are investing in our teachers to provide the best possible learning outcomes for students in our Catholic schools.
- **Calm Classrooms and Positive Learning Environments:** Promoting calm, supportive, and positive learning environments through common practices, expectations, and social norms, our work includes a new program for student social and behavioural learning. Our classrooms will have a consistent approach throughout each Sandhurst school to support all students to learn in a calm, orderly learning environment.

Catholic Education Sandhurst Ltd have created Podcasts to share with all interested educators, families and community members to discover more about Magnify Sandhurst with Magnify Matters and Catholic Education in Sandhurst and beyond with Catholic Education Matters. Please use the QR Codes below to enjoy these great podcasts. The first episode on the history of Catholic education in Australia is a great place to start and the part Sandhurst has played out in this history is an amazing part of this history.



School News

Parent Engagement at OLSH: School Advisory Council & Class Reps

Thank you to our School Advisory Council members . I am very grateful for their ongoing commitment and support of our school community.

We are looking for new members for our council! All are welcome to nominate for our council.

We are looking for a class representative of each class. This role is to share information or reminders to families and also provide some opportunities to connect with each other for a coffee or social catch up.

Child Safeguarding

At OLSH, the safety, dignity and well-being of every child are at the heart of our mission. This is founded in the teachings of Christ and guided by the Gospel, we are committed to creating a nurturing environment where all children feel they belong and are safe, respected and valued.

We seek your ongoing support to ensure the safety and well-being of our students and community. Our Child Safeguarding policies are available on the OLSH school website and if you have any questions or concerns, please contact any of our Child Safe Officers – Lisa Hitchcock, Denise Nihill, Kim Portwine or Lizzy Forbes.

Our Commitment

We believe that safeguarding is everyone's responsibility. All staff, volunteers, visitors and community members share a duty to protect children from harm and to promote their well-being. We are dedicated to:

- Providing a safe, welcoming and supportive environment where children can learn, grow and flourish.
- Knowing our children deeply, we are able to recognise and respond swiftly and appropriately to any signs of concern.
- Empowering children to speak up and be heard, knowing they will be taken seriously.
- Working in partnership with families, staff, Catholic Education Sandhurst Ltd and external agencies to ensure the best outcomes for every child.

Our Lady of the Sacred Heart School Elmore is a

Child Safe School



we are committed to child safety at all levels

As a child, you have the right

- to tell someone if you are unhappy
- to have fun and do activities you enjoy
- to have a say and be heard
- to be provided with information
- to be allowed to be a child and be treated with respect
- if you are an Aboriginal or Torres Strait Islander child, to feel proud and strong in your own culture

If you do not feel safe, you can talk to one of our Child Safeguarding Officers.

Mrs Lisa Hitchcock
Mrs Denise Nihill
Mrs Kim Portwine
Mrs Lizzy Forbes

 As a school community we work together to ensure we are child safe and that we empower student voice

LEARNERS OF THE WEEK



Term 2, Week 6: Congratulations to Roy, Lachlan, Nate, Liam, Charlie, Mckenzie and Ayla for being named our Learners of the Week!

MHiPS Mental Health in Primary Schools

The importance of routine and rhythms and how to create for your child.

Routines are things we do over and over, usually in the same order, in the same way, or at the same time of the day. They are the predictable events and habits that we repeatedly do that provide a sense of structure – a foundation for the daily tasks in our lives.

Most families have routines in place, even if they are unspoken. We often have routines around things like bedtime, mealtimes, or leaving the house in the morning. A successful routine creates ease and flow in your day. And a good routine is one that works for your unique family and for the stage of life you're currently in.

Why is routine important to children?



Routines create predictability and safety for the brain. They give our life a sense of order and predictability which the brain loves! When we repeatedly do the same things in the same order, we are creating pathways in the brain that help it know what to

expect. And a brain that knows what to expect, is a calm brain.

Unpredictability is stressful for the brain and the nervous system. Creating predictable routines and rhythms for our children can lower central nervous system reactivity which means fewer meltdowns, tantrums, and big emotional outbursts. Routines can significantly reduce overwhelm – for you and for your kids. They can also be a great opportunity for connection when we embed rituals within them, like a story at bedtime, or a special goodbye kiss at school drop-off.

Please see more information in the below raising children network website.

Next week I will share idea's to creating successful routine for your family.

[Routines & positive behaviour for children | Raising Children Network](#)

MY DAILY ROUTINES

NAME:

| MORNING ROUTINE | M | T | W | T | F |
|-----------------|---|---|---|---|---|
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| | | | | | |

| EVENING ROUTINE | M | T | W | T | F |
|-----------------|---|---|---|---|---|
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Catholic Identity

The disciples were overwhelmed, anxious, and confused after recent traumatic events.

In the Upper Room, Jesus appears to them alive and says, "Receive the Holy Spirit," bringing peace and joy.

In the first reading, the apostles and Mary witness the powerful arrival of the Holy Spirit, described as a mighty wind and tongues of fire.

The apostles are empowered to speak in many languages, understood by a diverse crowd in Jerusalem.

This event marks Pentecost, known as the Birthday of the Church.

Jesus has fulfilled his promises, and Peter steps forward as a transformed leader.

PENTECOST SUNDAY



Pentecost, (Pentecost from Greek pentecostē, "50th day"), major festival in the Christian church, celebrated on the Sunday that falls on the 50th day of Easter.

Come Holy Spirit,
blow away division and despair.
Light your flame of courage and hope in us
and warm our hearts with wisdom and love.
Be our Helper, as we seek your ways of justice.
Be our Comforter, as we share your peace with our wounded
world.
Be our Advocate, as we call for the fullness of life for all.
Amen.

Sacraments



Please send along photos, candles, certificates of any family members receiving the Sacraments. We would love to share and take copies for a class art piece.

donations
Before week 8 Term Two

**Desperately need
tinned food, soup,
spaghetti etc**

Elmore
Food Share

Wednesday 9-11am

3 Clarke St, Elmore - Elmore Community Hub

\$2 donation

Pasta, Bread, Dairy & Frozen goods, Fruit & Veg
Rice, Eggs, Tinned goods, cereal





ELMORE

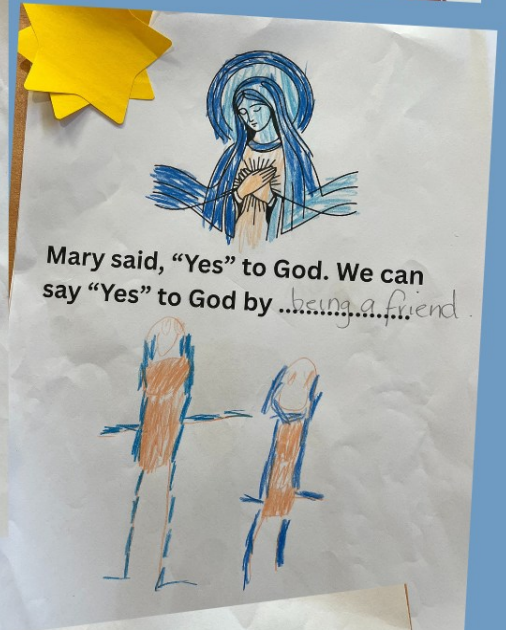
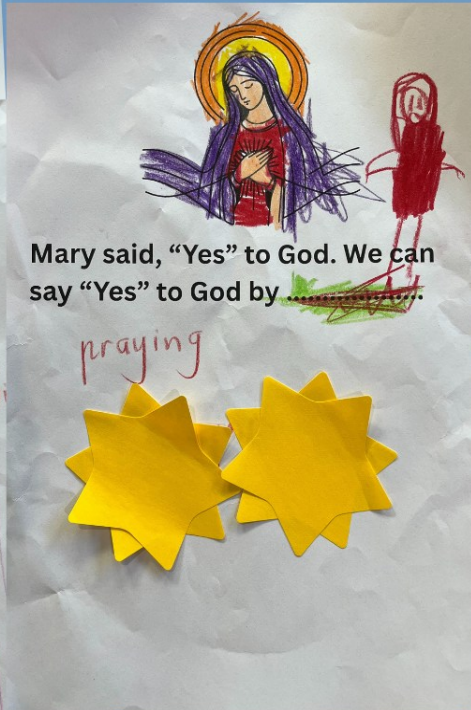
Our Lady of the Sacred Heart Feast Day

On Friday 30 May, the OLSH Community celebrated the Feast of Our Lady of the Sacred Heart. We gathered with our families and parishioners to celebrate the great love of Our Lady - Mary and Jesus. As well as to reflect and give thanks for the many past students, teachers, staff, families, OLSH Sisters parishioners, Parish Priests and community members that have contributed so much too our community. It was wonderful to hear of the many inspiring, funny and moving stories of OLSH times in the past, and to have our OLSH family from OLSH Bentleigh send us a very special Feast Day message.

Thank you to everyone for making our Feast Day so special!



Juniors following Mary's example!



2025 LUNCH PRICE LIST

| | | |
|---|-----------------------------|--------|
| PLAIN PIES/PASTIES..... | \$6.00 | |
| SAUSAGE ROLLS | \$4.50 | |
| HOT DOGS..... | \$3.70....with Cheese | \$4.00 |
| PARTY PIES/PASTIES/SAUSAGE ROLLS | \$1.50 | |
| GF Pies \$10.50 GF Sausage Rolls \$9.50 | | |

Salad Rolls/Sandwiches

(with Meat) \$7.00

Ham/Chicken/Roast Beef
Tomato, Onion, Cucumber,
Cheese, Carrot, Lettuce &
Beetroot

Salad Rolls/Sandwiches

(NO Meat) \$6.00

Tomato, Onion, Cucumber,
Cheese, Carrot, Lettuce
& Beetroot

Plain Sandwich \$3.50

Cheese or Vegemite

Plain Meat Roll \$5.00

Ham/Chicken/Roast Beef

HAM & CHEESE TOASTIE \$5.50

FRUIT SALAD \$8.00 (seasonal)

GRANOLA & YOGHURT \$7.00

SAVOURY ROLLS

Cheese & Bacon \$2.50

Cheese & Vegemite Scroll \$2.50

CAKES/SLICES

Cinnamon Donut \$3

Iced Donut \$3.40

DRINKS

FRUIT JUICE (Impressed/Mojo) \$4.00 (Apple & Orange)

300ml OAK Flavoured Milk (Chocolate or Strawberry only) \$3

600ml Water \$3.00

Please write name and order clearly on the outside of an envelope or paper bag and place money securely inside.
All prices include GST. Products can be purchased with sauce at no extra charge. Prices are subject to change.
