



# From the Heart



Newsletter No. 14

14th May, 2025

## COMING UP AT OLSH...

### May 2025

Thurs 15th	School Open Day <b>Walk to School Day</b>
Fri 16th	Division Cross Country
Wed 21st	Simultaneous Story Time. 11:30 @ Elmore Library
Tues 27th	Regional Cross Country
Fri 30th	OLSH Associates Lunch @ 1pm OLSH Feast Day Liturgy @2:50pm

### June 2025

9th June	<b>Kings Birthday Public Holiday</b>
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## From the Principal...

Dear Families,

As we move together through this season of change and reflection, our school community finds itself holding both joy and sorrow in our hearts.

We rejoice with the global Church in the historic election of **Pope Leo XIV**, formerly Cardinal Robert Francis Prevost. As the first US born pope, Pope Leo XIV brings with him a deep pastoral heart, a commitment to justice and a life shaped by service in both North and South America. His first words as Holy Father, "Peace be with all of you," echo the hope and unity we strive to instil in our students each day. Let us keep Pope Leo XIV in our prayers as he begins his sacred ministry as the 267th successor of St Peter.

At the same time, we mourn with Frankie, Regan and Tully, whose beloved grandfather, Phillip, passed away unexpectedly this week. Phillip was a loved husband, father and grandfather. We extend our deepest sympathies to the family and hold them close in prayer during this time of grief.

In moments like these, we are reminded of the beauty and fragility of life and of the strength we find in faith and community. May the light of Christ guide us through all of life's journeys.

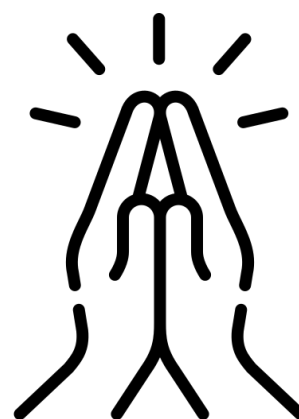
*Loving God,  
We come before You with hearts full of both joy and sorrow.*

*We give thanks for the election of Pope Leo XIV,  
whom You have called to shepherd Your Church in this time.  
Grant him wisdom like Solomon, courage like Peter,  
and compassion like Christ.  
May his leadership bring unity, peace, and renewal  
to all corners of the world.*

*At the same time, Lord, we lift up the soul of Phillip,  
a beloved husband, father and grandfather.  
Welcome him into Your eternal embrace,  
where there is no more pain, only peace.  
Comfort his family, especially Frankie,  
with the promise of eternal life and the warmth of Your love.*

*In our joys and in our sorrows,  
may we always turn to You,  
our refuge and our strength.*

*We ask this through Christ our Lord.  
Amen.*



With peace and blessings,

Lisa Hitchcock

*Our Lady of the Sacred Heart School promotes the safety, wellbeing and inclusion of all children.*

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# School News

## Enrolment 2026 Foundation

We welcome all new and interested families to our School Information Morning on **Thursday 15 May 9-11am**. Please pass this information to any families you know with pre-school children. Our 2026 Enrolments close on 30th May to help us with our new students' transition to school and to plan for 2026.

**OUR LADY OF THE SACRED HEART  
ELMORE**

**2026 ENROLMENT  
School Open Day**

**Thursday 15 May 9:00am-11:00am**

*Quality and affordable education for all - welcoming everyone!*

**Choose Excellence and Empowerment**

**Choose Courage and Compassion**

**Choose Achievement and Acceptance**

*We invite all new and interested families to attend our school open day to visit our classrooms and learn more about our vibrant and inclusive community.*

**SCHOOL TOURS ARE WELCOME AT ANYTIME**

**For more information or to book a tour**  
(03) 5432 6254  
principal@olshelmore.catholic.edu.au  
www.olshelmore.catholic.edu.au

**Enrolments close 30 May 2025**

**Our Lady of the Sacred Heart**  
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**Principal:** Lisa Hitchcock

**School Information Morning:**  
Thursday 15th May 9.00am - 11.00am

**Principal Learning Tour:**  
Thursday 8th May @ 9:00am

*For any alternate time, please contact the school office.*

**Orientation Day:**  
Tuesday 9th December, 2025  
11.45am - 1.45pm

**Foundation Orientation Program - Little Chevies**  
Friday Oct 24th - 9:00am - 11:00am  
Friday Oct 31st - 9:00am - 11:00am  
Friday Nov 7th - 9:00am - 11:00am\* OLSH Mission Day  
\*optional but must attend with a parent\*  
Friday Nov 14th - 9:00am - 11:00am  
Tues Dec 9th 11:45am - 1:45pm

We are People  
• who TOUCH the of others  
• who are Faith Filled  
• who Pursue Excellence

**Please contact the school for any further information or to discuss alternative tour options**

## Campaspe Cluster Winter Sports Day

Our students from Years 2-6 are competing in the Winter Sports Day (Netball, Soccer and Football) at Colbinabbin. Thank you to Kristy and all the families who were able to go along to support our students and teachers.

## Walk to School Day

OLSH will join with Elmore Primary School and Elmore Kindergarten to walk to school together on **Thursday 15 March**. Please meet at the **Elmore Railway Square at 8:25am to begin our walk at 8:30am**. We would love our families to walk with us to school. If you are not able to join us on the walk, please come along to school as usual.

## Divisional Cross Country

We wish our students who have made it through to Divisional Cross Country in Echuca, on **Friday 16 May**, all the best for the race. We are proud of you all!

# School News

## Parent Engagement at OLSH: School Advisory Council & Parent Representative Group

Our School Advisory Council will meet at school on **Tuesday 27 May at 7pm**. Thank you to the council members for their ongoing commitment and support of our school community. We are looking for new members for our council. If you are interested please email – [principal@olshelmore.catholic.edu.au](mailto:principal@olshelmore.catholic.edu.au) or phone the school to talk to Lisa to find out more information about the council and member's role on the council.

We have interest from families about forming a Parent Representative Group (PRG) to help with community building events, fundraising and provide a social space for parents to meet. If you're interested in joining this group please email – [principal@olshelmore.catholic.edu.au](mailto:principal@olshelmore.catholic.edu.au) or phone the school to talk to Lisa to find out more about the PRG and how you could be involved.

**Simultaneous story time** will be held on Wednesday 21st May from 11:45 at the Elmore Library. For F-4.

The children will be leaving school at 11:30 am to walk to the library.

Please feel free to join us at the library for this event.



## Child Safeguarding

At OLSH our commitment to Child Safety and Wellbeing is at the forefront of all we do. Our Child Safeguarding Team is made up of Lisa Hitchcock, Denise Nihill, Lizzy Forbes and Kim Portwine, and we meet monthly to continuously improve all our safeguarding strategies and measures. The Child Safeguarding Team at OLSH also provides oversight, guidance and strategic direction to promote a safe environment for all students, staff, families and stakeholders at our school.

Our Lady of the Sacred Heart School Elmore is a

## Child Safe School

we are committed to child safety at all levels

As a child, you have the right

- to tell someone if you are unhappy
- to have fun and do activities you enjoy
- to have a say and be heard
- to be provided with information
- to be allowed to be a child and be treated with respect
- if you are an Aboriginal or Torres Strait Islander child, to feel proud and strong in your own culture

If you do not feel safe, you can talk to one of our Child Safeguarding Officers.

Mrs Lisa Hitchcock  
Mrs Denise Nihill  
Mrs Kim Portwine  
Mrs Lizzy Forbes

As a school community we work together to ensure we are child safe and that we empower student voice

# LEARNERS OF THE WEEK



Term 2, Week 3: Congratulations to Ayla, Jasper, Sunny and Roy for being named our Learners of the Week!

## MHiPS (Mental Health in Primary Schools)



This week we are exploring the benefits of eating a health breakfast.

### Why is a health breakfast important?

Breakfast gives your child the energy they need to start the day. If your child eats a healthy breakfast, they can concentrate on playing, learning, remembering and solving problems.

This means that a healthy breakfast can help your child perform better at school.

Children who eat breakfast also tend to:

- have better school attendance than those who regularly skip breakfast
- have better mental health than non-breakfast eaters

### What a healthy breakfast looks like

A healthy breakfast includes a balanced range of foods from the 5 food groups. These groups include fruit, vegetables and legumes, cereal and grain foods, dairy and dairy alternatives, and meat and meat alternatives. When children eat a range of these foods for breakfast, they'll have enough energy for the whole morning. Breakfast options might look like porridge, oats, untoasted muesli, rice or rice porridge, wholegrain cereal, boiled eggs, omelettes, baked beans, vegetables, wholegrain toast, flatbread, fruit and yoghurt.

Information from the Raising Children For more information please visit the Raising Children Australian Parent Network website.

Healthy breakfast ideas for kids & teens | Raising Children Network

<https://raisingchildren.net.au/toddlers/nutrition-fitness/breakfast-lunches/breakfast>



# Campaspe Cluster Winter Sports Day



Today our Grades 2-6 students , along with Elmore Primary School, attended Colbinabbin for our annual Cluster Winter Sports Day where the students participated in Netball, Soccer and Football. Massive shout out and thank you to Kristy with for her assistance and expertise with the netball.

Well done to all the students for attending and participating.



# Catholic Identity

## Gospel

Jn 10: 27-30

Jesus said:

'The sheep that belong to me listen to my voice; I know them and they follow me. I give them eternal life; they will never be lost and no one will ever steal them from me. The Father who gave them to me is greater than anyone, and no one can steal from the Father. The Father and I are one.'

Do you know of anyone who has been lost?

Who was worried? How was that person found?

Jesus says to us that we can never really be lost for he knows each of us and will always care for us.

Let us pray that we may know and love Jesus more closely.



God is like a good shepherd, and we are the sheep that God looks after. Let us now pray for our needs and the needs of the world.

We pray for our world, that people will treat one another with kindness and respect. Lord, hear us.

Fourth Sunday of Easter Year C



Pope Leo XIV has already made a mark in our lives, let alone in the near future. \*Quote from Pope Leo XIV.\*

"Brothers, sisters...I speak to you, especially to those who no longer believe, no longer hope, no longer pray, because they think God has left.

To those who are fed up with scandals, with misused power, with the silence of a Church that sometimes seems more like a palace than a home.

I, too, was angry with God.

I, too, saw good people die, children suffer, grandparents cry without medicine. And yes... there were days when I prayed and only felt an echo.

But then I discovered something: God doesn't shout. God whispers.

And sometimes He whispers from the mud, from pain, from a grandmother who feeds you without having anything. I don't come to offer you perfect faith.

I come to tell you that faith is a walk with stones, puddles, and unexpected hugs. I'm not asking you to believe in everything.

I'm asking you not to close the door. Give a chance to the God who waits for you without judgment. I'm just a priest who saw God in the smile of a woman who lost her son... and yet she cooked for others. That changed me. So if you're broken, if you don't believe, if you're tired of the lies...

Come anyway. With your anger, your doubt, your dirty backpack.

No one here will ask you for a VIP card. Because this Church, as long as I breathe, will be a home for the homeless, and a rest for the weary. God doesn't need soldiers.

He needs brothers. And you, yes, you... are one of them."

Robert Prevost (Leo XIV)



MAY THE SACRED HEART OF JESUS BE EVERYWHERE LOVED!



PLEASE JOIN OUR

*Our Lady's Feast Day*

## LUNCH

MAY 30TH  
1PM



OLSH  
CHEVIE CENTRE  
FOLLOWED BY A  
SHORT LITURGY

**Soup provided, bring a small plate to share.**

**donations**  
*Before week 8 Term Two*

**Desperately need  
tinned food, soup,  
spaghetti etc**



**Elmore**  
Food Share

Wednesday 9-11am

3 Clarie St, Elmore - Elmore Community Hub

\$2 donation

Pasta, Bread, Dairy & Frozen goods, Fruit & Veg  
Rice, Eggs, Tinned goods, cereal

