

From the Heart



Newsletter No. 13 7th May, 2025

COMING UP AT OLSH...

May 2025 Thurs 8th Mothers Day event @ the Hall Fri 9th Learning showcase & open classrooms Wed 14th **Cluster Winter Sports** School Open Day Thurs 15th Walk to School Day Fri 16th **Division Cross Country** Wed 21st Simultaneous Story Time. 11:30 @ Elmore Library Tues 27th **Regional Cross Country**

OLSH Associates Lunch @ 1pm

OLSH Feast Day Litergy @2:50pm

June 2025

Fri 30th

9th June **Kings Birthday Public Holiday**

From the Principal...

Dear Families.

I am filled with gratitude for the many blessings we share within Our Lady of the Sacred Heart School community. This week, we have two significant celebrations that highlight the values and spirit of our school as heart people: Mother's Day and Catholic Education Week.

Mother's Day is a special time to honour and appreciate the incredible women and special people in our lives who love, nurture, guide and support us. Whether they are mothers, grandmothers, aunts, or people who are like mothers to us, their love and dedication are the foundation of our families and our community. We want to express our heartfelt thanks and show our appreciation for all they do. May we also remember and pray for those whose mothers are not able to be with them and for those mothers who are no longer with us, but whose love continues to inspire us.

We invite our mothers and those special people who are like mothers

to our students to our shared Mother's Day Celebration at the Elmore Town Hall tomorrow, Thursday 8 May at 2pm. Together with Elmore Primary and Elmore Kindergarten we have a wonderful celebration and afternoon tea planned for you all.

Also this week, we are excited to celebrate Catholic Education Week. This week is an opportunity to reflect on the unique mission of Catholic Education, the many people who came before us, the significant and rich impact of Catholic Education and the ways in which OLSH contribute to the flourishing of our children and all in our community. Our theme for this year is "Pilgrims of Hope," which reminds us of the journey we undertake together, guided by faith and hope, to create a better future for our children and our world.

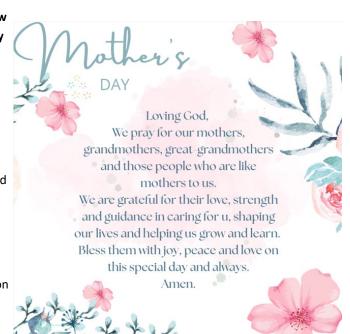
During Catholic Education Week, we have our Principal Tours for new and interested families - the next one is tomorrow, Thursday 8 May at 9am and our Learning Showcase to celebrate all the amazing achievements of our students and educators on Friday 9 May at 2:45pm. We will start our showcase with a pilgrimage at OLSH to celebrate our hope and faith-filled educational journey together. We encourage all families to join on us on Friday in celebrating the rich traditions and vibrant future of Catholic education.

As we celebrate our mothers and those special people in our lives and the many gifts and blessings of Catholic Education Week, let us continue be hope-filled people who work together to create a nurturing and for our children. Thank you for your ongoing commitment to our school community.

Wishing you all a blessed Mother's Day and a joyful Catholic Education Week!

Peace and Blessings,

Lisa Hitchcock



School News

Learning Showcase

We will be opening our classrooms on Friday the 9th of May for a learning showcase to enable our parents to catch a glimpse into the amazing achievements of our learners.

Election Day Cake Stall

Thank you to everyone who was able to contribute and help out to our Election Day Cake Stall. This was a great success for our Elmore Educators Group and will provide a combined event for our children.

Enrolment 2026 Foundation

We welcome all new and interested families to our School Information Morning on **Thursday 15 May 9-11am**. Please pass this information to any families you know with pre-school children

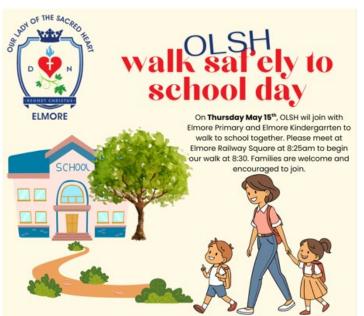




Winter Sports Day

Our students from Years 3-6 will compete in the Winter Sports Day (Netball, Soccer and Football) at Colbinabbin on **Wednesday 14 May between 12pm-2pm**. We invite our families to come along to support the students.

School News







Friday 9th May @2:45pm Followed by assembly at 3:10pm



Please join us in our learning spaces to celebrate all of our learning achievements and celebrate Catholic Education Week





Simultaneous story tine will be held on Wednesday 21st May from 11:45 at the Elmore Library. For F-4.

The children will be leaving school at 11:30 am to walk to the library.

Please feel free to join us at the library for this event.

Child Safeguarding

Our Lady of the Sacred Heart School Child Safeguarding

As a Child Safe School, Our Lady of the Sacred Heart is always reviewing and improving our Child Safeguarding Procedures. We are committed to Child Safety and ensuring the wellbeing and safety of every child in our care. As such, we are introducing a new Volunteer Procedure for all our parents and community. There will be opportunities to complete the Child Safeguarding Volunteer training and documentation at school supported by our staff. If you have any questions, please contact Mrs Hitchcock.

We ask to please talk to your child/ren about this poster to consolidate what is happening at school.



MHiPS (Mental Health in Primary Schools)



Sleep plays a crucial role in the development of young minds. In addition to having a direct effect on happiness, research shows that sleep impacts alertness and attention, cognitive performance, mood, resiliency, learning and memory

Tips to support good sleep.

- · Having a schedule that includes movement and relaxation.
- · Eating a balanced healthy diet.
- · Creating a bedtime routine that includes time to wind down.
- · Keeping a regular bedtime
- Setting the room to slightly cooler with curtains closed
- · Limiting screen time and turning off 1-2 hours prior to bed

Below is a short video clip on sleep education for children that you might like to view.

https://www.bing.com/videos/riverview/relatedvideo? q=sleep+education+for+kids&mid=E76C9F3DB6E75C3A7653E76C9F3DB6E75 C3A7653&FORM=VIRE

Catholic Identity





Gracious and loving God, we thank you for the love and care of our mums and those who are like mums to us. We place them in your tender care and ask you to give them strength when they are weary, knowledge and understanding when they are uncertain, compassion and kindness when they are struggling and and hearts fulls of love and joy. We ask this prayer through Jesus your son. All:

Amen.





Community News







Join our welcoming community in 2026 to learn the skills you need to thrive!

ENROL NOW

Enrolments for Year 7, 2026

Open: Wednesday 26 March 2025 Close: Friday 9 May 2025

Visit our website to download the 2026 College

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