



## COMING UP AT OLSH...

### May 2025

Mon 5th	<b>Catholic Education Week</b> Hub Student Conference
Tues 6th	Principal Tours Rochester Secondary Visit 2:30PM
Thurs 8th	Mothers Day event @ the Hall
Fri 9th	Learning showcase & open classrooms
Wed 14th	Cluster Winter Sports
Thurs 15th	School Open Day <b>Walk to School Day</b>
Fri 16th	Division Cross Country
Wed 21st	Simultaneous Story Time. 11:30 @ Elmore Library
Tues 27th	Regional Cross Country

### June 2025

9th June **Kings Birthday Public Holiday**

## From the Principal...

Dear Parents,

What a great start to the term we have had with our students back at OLSH this week! It was so good to see how happy they all were to be back with their friends and teachers and ready to learn.

I would like to extend my thanks to Mr Mann, who so capably led the school community throughout Term 1 as Principal. We are all very grateful that he so generously shared his great leadership knowledge and experience, as well as humour and fun, to ensure a smooth and positive start to the year for students, staff and families. We are truly blessed to have such committed people within our team.

I would also like to thank our students, staff and families for the amazing welcome I received – especially yesterday afternoon at the meet and greet. What an afternoon with hot chocolates, hot cross buns, fun Easter activities and an Easter Egg Hunt. I am very grateful to now be a part of the OLSH community!

On Friday 25 April, our students and families gathered with the Elmore community to commemorate ANZAC Day. Our Grade 6

students were incredibly respectful and passionate as they shared the story of the 38<sup>th</sup> Battalion and laid a wreath on behalf of our school community. Thank you to these students, Mrs Nihill for her work and support of our students and all the students and families who attended the moving and meaningful Commemorative Service.

On Monday, our school community gathered with many parishioners to commemorate ANZAC Day in the Chevie Centre. We paused to honour the courage, sacrifice and service of all who have served and continue to serve our nation with an ANZAC Day liturgy. Our senior students showed a deep appreciation, respect and interest in sharing their family members' service in the armed services and leading our liturgy. Thank you to Mrs Nihill and the Grade 5 & 6 students for leading us, our students for their reverent participation and to all who attended.

The Easter season, central to our Catholic faith, has reminded us of the hope and renewal we find in Christ's resurrection. Thank you to all who participated in our Holy Week liturgies. May the joy of the risen Christ continue to inspire and guide us throughout the term ahead.

God of Life, In this season of Easter,

We rejoice in the New Life your Son the Risen Jesus gives us.

You offer us hope. You offer us peace.

We thank you for this treasured land of ours and the peace and freedom we experience,

We remember the ANZAC soldiers who fought to protect our country,

May we learn from the past.

Help us to work for peace in all we do and always strive to spread the message of Jesus' love throughout our earth

We make our prayer in the name of our Risen Lord.

Amen

*Our Lady of the Sacred Heart School promotes the safety, wellbeing and inclusion of all children.*

W: [olshelmore.catholic.edu.au](http://olshelmore.catholic.edu.au) PH: 5432 6254 E: [principal@olshelmore.catholic.edu.au](mailto:principal@olshelmore.catholic.edu.au)



## **New OLSH Process for Changes to Students' Normal End of Day Arrangements**

The staff have reviewed the process to ensure child safety when managing changes to students' usual after school pick up, school care and travel arrangements. We ask our families to now phone the school with any end of day changes to normal end of day arrangements. The phone call will ensure that your message will be received and acted upon.

**What is needed – you will need to contact the school by phone if there are any changes to your child/ren's normal routine. For example:**

- If your child/ren will be collected by someone other than your family or nominated people.
- If your child/ren will go home with another student.
- If your child/ren are not going on the bus.
- If your child/ren is no longer attending After School Care for their usual day/s.

If we do not receive communication from you about any changes we will follow their end of day normal routine.

I thank you for your support and understanding of this change.

## **Election Day Cake Stall**

OLSH Primary, Elmore Primary School, and Elmore Kinder are teaming up to run a Cake Stall Fundraiser at the Elmore Community Hub on **Saturday 3rd May, 8:30am–2:00pm** (during election voting).

Funds raised will go towards a joint kid's event later this year, like our Colour Run and Ninja Warrior Days that we've had previously!

### **How you can help:**

- Bake a plate of goodies! Please bring it to school Friday or straight to the stall Saturday morning.  
Today a paper plate, freezer bag and blank ingredients label enclosed — please label your items clearly - will be sent home to our families for your goodies.

### **Can you spare an hour?**

We'd love a couple of volunteers to help on the day for an hour or so between 11:30am–2:00pm. Let the school office, Ellie Hayes or Amanda Phillips know if you're available.

Thank you to Amanda Phillips for coordinating this fundraising for OLSH with Elmore Primary School and Elmore Kinder.

Thanks so much for your support!

## **School Assembly**

**There will be no assembly this Friday, 2 May.** We look forward to seeing you all at our first assembly for Term 2 will be on Friday, 16 May.

## **2026 Foundation Enrolments School Open Day & Catholic Education Week**

Next week, we celebrate Catholic Education Week! We hope you can join us as we come together to celebrate Catholic Education Week, our shared mission of faith and learning, and reflect on our roles as heart people, building a compassionate, hope-filled and loving world

We are excited to be welcoming existing, new and interested families to our school in the coming weeks to learning more about our vibrant and inclusive school community.

If you know of any families with children who will begin school in 2026, please share this information with them.

- Tuesday May 6 at 9am** – Principal Tour for new and interested families
- Thursday May 8 at 9am** – Principal Tour for new and interested families
- Friday May 9 at 2:45pm** – Learning Showcase for all existing families
- Thursday May 15 9am-11am** – School Open Day for new and interested families
- Friday May 16 2:45pm** – School Assembly

*\*Please note our School Open Day is on Thursday 15 May – a different day to Elmore Primary School's Open Morning.*

## **Winter Sports Day**

Our students will participate in the Winter Sports Day at Colbinabbin on **Wednesday 14 March**. A permission form will be shared with families today. We welcome families to come along and support students.

## Mother's Day Shared Celebration

We invite our mothers to a shared Mother's Day celebration – Elmore Primary School and Elmore Kindergarten – on **Thursday 8 May 2pm-3pm at the Town Hall.**

If you would like to collect your child/ren from the hall please let their teacher know so school bags can be taken to the hall.

## Walk to School Day

We will join with Elmore Primary School and Elmore Kindergarten to walk to school together on **Thursday 15 March.** Please meet at the Elmore Railway Square at 8:25am to begin our walk at 8:30am. We would love our families to walk with us to school.

## Hub Student Conference

Next **Monday 5 May**, our Grade 5 & 6 students will attend The Hub Student Conference at St Mary's Primary School, Echuca. Please complete the permission form for your child/ren.

Peace and blessings,

Lisa Hitchcock

# Child Safeguarding

## Our Lady of the Sacred Heart School Child Safeguarding

As a Child Safe School, Our Lady of the Sacred Heart is always reviewing and improving our Child Safeguarding Procedures. We are committed to Child Safety and ensuring the wellbeing and safety of every child in our care. As such, we are introducing a new Volunteer Procedure for all our parents and community. There will be opportunities to complete the Child Safeguarding Volunteer training and documentation at school supported by our staff. If you have any questions, please contact Mrs Hitchcock.

We ask to please talk to your child/ren about this poster to consolidate what is happening at school.

Our Lady of the Sacred Heart School Elmore is a

# Child Safe School



we are committed to child safety at all levels

As a child, you have the right

- to tell someone if you are unhappy
- to have fun and do activities you enjoy
- to have a say and be heard
- to be provided with information
- to be allowed to be a child and be treated with respect
- if you are an Aboriginal or Torres Strait Islander child, to feel proud and strong in your own culture

If you do not feel safe, you can talk to one of our Child Safeguarding Officers.

Mrs Lisa Hitchcock  
Mrs Denise Nihill  
Mrs Kim Portwine  
Mrs Lizzy Forbes

As a school community we work together to ensure we are child safe and that we empower student voice

# School News

ON APRIL 25

## We remember Anzac Day.



The senior students lead an ANZAC liturgy reflecting on the lives of their family members who experienced war. They proudly spoke about a great-uncle or great-grandfather with information gained from the Virtual War Museum. Many parishioners attended and were very impressed with their confidence and respect.

ANZAC Day Guest Speakers — Cooper Mullane and Ken Come; Grade six students from OLSH Elmore, captured the respect of the audience through the confident and thoughtful way they delivered stories from the 38th Battalion. Their presentation was based on *The Story and Official History of the 38th Battalion A.I.F.* by Eric Fairey.

## MHiPS (Mental Health in Primary Schools)



Hello OLSH School Community,

Just sharing the some information about Belly Breathing, a great technique to instil mindfulness and calm the mind and body.

### What is Belly Breathing?

Belly breathing, also known as diaphragmatic breathing, is a type of deep breathing that involves the diaphragm, a large muscle located at the base of the lungs. Unlike shallow breathing, which primarily uses the chest, belly breathing engages the diaphragm, allowing the lungs to fill more completely with air. This method of breathing can help to slow the heart rate, lower blood pressure, and promote a sense of calm.

<https://www.bing.com/videos/riverview/relatedvideo?q=belly+breathing+for+kids&mid=A2996B10A033556D42CFA2996B10A033556D42CF&FORM=VIRE>



# School News



**Welcome  
Mrs  
Hitchcock  
We are  
glad you  
are here.**



**OUR LADY OF THE SACRED HEART  
ELMORE  
2026 ENROLMENT  
School Open Day**

Thursday 15 May 9:00am-11:00am

*Quality and affordable education for all - welcoming everyone!*



Choose Excellence  
and Empowerment



Choose Courage  
and Compassion



Choose Achievement  
and Acceptance

*We invite all new and interested families to attend our school open day to visit our classrooms and learn more about our vibrant and inclusive community.*

**SCHOOL TOURS ARE WELCOME AT ANYTIME**

For more information or to book a tour  
(03) 5432 6254  
principal@olshelmore.catholic.edu.au  
www.olshelmore.catholic.edu.au

**Enrolments close 30 May 2025**







# Cake Stall

**Fundraiser**

**Elmore Community Hub  
Jeffrey Street, Elmore**

**SATURDAY  
MAY 3RD**

**8:30am - 2:00pm**

**+ Wood Raffle**





*All Proceeds to Elmore Education Group's annual kids events*



# School News



**Simultaneous story time** will be held on Wednesday 21st May from 11:45 at the Elmore Library. For F-4.

The children will be leaving school at 11:30 am to walk to the library.

A note regarding photo permissions will be sent via PAM in the next few days.

Please feel free to join us at the library for this event.

## Catholic Identity

*Yvonne Frawley*



Dear God,  
We remember Yvonne, her warmth, her generosity and joy.

We remember what she has taught us, what she's given us and how many ways she is still part of us. We bring all these memories to you.

We pray for Yvonne's family; that they will find the courage, strength and hope to rebuild their lives while cherishing her memory always.

We pray for Yvonne's friends who experienced her unique personality: that they will always remember the precious gift their friendship was to her.

Eternal rest grant unto her, O Lord, and let Your perpetual light shine upon her. May her soul and the souls of all the faithful departed rest in peace.  
Amen.

**donations**  
Before Week 8 Term Two

**Desperately need  
tinned food, soup,  
spaghetti etc**



**Elmore**  
Food Share

Wednesday 9-11am  
5 Clarke St, Elmore - Elmore Community Hub  
\$2 donation  
Pasta, Bread, Dairy & Frozen goods, Fruit & Veg  
Rice, Eggs, Tinned goods, cereal



**Caritas**  
AUSTRALIA

**PROJECT  
COMPASSION**

Thank you to everyone for their kind and generous donations to Project Compassion this year. As a school and community OLSH managed to raise an amazing

**\$657.05**



# Community News



## WINTER SEASON BASKETBALL

**Registrations Now Open**

**Mini Hoops, Junior, Intermediate & Senior**

Starting week beginning May 12th  
 Junior and Intermediate Girls play Mondays  
 Junior and Intermediate Boys play Tuesdays  
 Seniors play Wednesday  
 Mini Hoops & Under 10 mixed play Thursdays

More information can be found on Stack Team App including costs, how to register for juniors, how seniors can nominate a team, what is involved, dates of season and more. All questions can be sent via email to: rochesterbasketballassociation@gmail.com

**Come and be part of the fun!**



**SHINE BRIGHT**  
Early Years Manager

Every Day,  
In Every Moment,  
Every Child Matters

## Open Day

**Tuesday 13th May 2025**  
**9:00 am to 11:30 am**

This is a great opportunity to make an informed decision about your child's 2026 3YO or 4YO kindergarten enrolment.

For a full list of our Kindergartens and Early Learning Centres visit  
[www.shinebright.org.au](http://www.shinebright.org.au)

Elmore OSHClub

## Newsletter

**OSHClub**

Term 2: Week 2 program

DAY	ADVENTURE 1	ADVENTURE 2	ADVENTURE 3	ADVENTURE 4
MONDAY	<b>Children's meeting:</b> This enables the children to have a say in the adventures we are running at Play and Stay and raise concerns	<b>Homework club:</b> A fantastic way of giving your child extra support in a fun and creative environment	<b>Digital Drawing:</b> Using the technology, we have in the space to do some art work.	<b>Dodge ball:</b> This is a team game where we need to work together to stay in the game.
TUESDAY	<b>Children's meeting:</b> This enables the children to have a say in the adventures we are running at Play and Stay and raise concerns	<b>Homework club:</b> A fantastic way of giving your child extra support in a fun and creative environment	<b>Table tennis:</b> Practice your sharing skills with this game.	<b>Puzzles:</b> Test your skills with the puzzles we have in the space. Can you build them faster than last time?
WEDNESDAY	<b>meditation</b> a minute to reset and unwind after a big day at school	<b>Homework club:</b> A fantastic way of giving your child extra support in a fun and creative environment	<b>Recycled art</b> We can use the resources we have in OSHClub to create some wonderful pieces.	<b>Draw to music:</b> Let's take some time to relax, draw, and listen to some great music.
THURSDAY	<b>Dead fish:</b> Take a mini reset for this game of dead fish.	<b>Homework club:</b> A fantastic way of giving your child extra support in a fun and creative environment	<b>Playground play</b> Free play on the playground to practice your climbing skills	<b>Beyblades:</b> They are back, it's great to see everyone work together to help others in this game.
FRIDAY	<b>Building/ craft:</b> We can use the resources we have in OSHClub to create some wonderful pieces.	<b>Homework club:</b> A fantastic way of giving your child extra support in a fun and creative environment	<b>Ga Ga:</b> This game is a great one to do with the children.	<b>Draw to music:</b> Let's take some time to relax, draw, and listen to some great music.