



# From the Heart



Newsletter No. 8

19th March, 2025

## COMING UP AT OLSH...

### MARCH 2025

Wed 12th	NAPLAN Begins
Tue 18th	<b>School Photos</b>
Fri 21st	Harmony Day
Mon 24th	NAPLAN Closes
Wed 26th	Cluster Cross Country

### APRIL 2025

Wed 2nd	<b>PUPIL FREE DAY</b>
Fri 4th	<b>Last Day of Term</b> Pilgrims of Hope—Immersive Experience Caritas Walkathon
Mon 21st	<b>EASTER MONDAY—PUBLIC HOLIDAY</b>
Tues 22nd to Thurs 24th	<b>PUPIL FREE DAYS</b> — Staff Professional Development
Friday 25th	<b>ANZAC DAY—PUBLIC HOLIDAY</b>
Mon 28th	School returns—first day back for students

### May 2025

Mon 12th	Catholic Education Week
Thurs 15th	School Open Day
Wed 21st	Simultaneous Story Telling

Dear Parents,

As you all know, Matt is away on Holidays in China for the next few weeks, can't wait to hear about his big adventure when he returns. For the interim, we have Mrs. Coldwell as our fill in Principal, so thank you to her for stepping in.

Just a few reminders for the coming weeks

### Cluster Cross Country

Cluster Cross Country is Next Wednesday the 26th March. All Students will be leaving via bus at 11:30 am from and returning at 3pm. Parents are welcome to attend to support their child/children and parking is available at the venue. All information about the event is attached to the back of the newsletter. Please ensure you have consented to your child's attendance via PAM.

### Pupil Free Day

Wednesday 2nd April (last week of term) is a pupil free day for all for all our learners, for a staff learning development day.

### Dress Up Day

As you know, End of term is fast approaching, meaning that it will be Mr. Mann's last day as OLSH's Principal. So on Thursday 3rd April, the kids have been asked to dress up as Mr. Mann to celebrate his time as our school principal.

### Pilgrims of Hope Day

Please see attached the flyer on page 3 for this years Caritas Fundraiser. We welcome parents to attend on the day and are asking for donation of supplies in the form of old tarps, sheets, blankets rope, sleeping bags, cushions etc.

**Dress Up Day**

*Dress up as Mr. Mann for a day on Thursday 3rd of April*

Shhhhh...  
On Thursday 3rd April, to surprise Mr. Mann, we are asking the kids to dress up as a principal to celebrate one of his final days as OLSH's Principal. So kids, wear your best professional outfit to honour Mr Mann, and keep it a secret

Thank You

Our Lady of the Sacred Heart School promotes the safety, wellbeing and inclusion of all children.

W: [olshelmore.catholic.edu.au](http://olshelmore.catholic.edu.au) PH: 5432 6254 E: [principal@olshelmore.catholic.edu.au](mailto:principal@olshelmore.catholic.edu.au)

# School News

## LEARNERS OF THE WEEK



Term 1, Week 6: Congratulations to Zayde, Hunter, Sunny, Reece, Zara and Jimmy for being named our Learners of the Week!

## MHiPS (Mental Health in Primary Schools)

Children's Wellbeing Continuum



Hello OLSH School Community,

Just sharing the Children's Wellbeing Continuum that supports shared language for mental health and wellbeing that we are discussing here with staff to use at OLSH.

Please see the short video clip that captures the Children's Wellbeing Continuum that you may like to use to check in with your child.

<https://cch.org.au/our-work/project/childrens-wellbeing-continuum/>

Meditation is a great way to calm the mind and centre ourselves, our thoughts, our minds and our bodies. Here is a few pictures of the children practicing meditation with Mrs. Webb last week.





# Catholic Identity

## Pilgrims of Hope

Dear Families,

Each year during Lent, OLSH students raise funds for Caritas, demonstrating their commitment to social justice. Last year, they organized a bake sale and the "Fashion into Compassion" initiative, showcasing their creativity and dedication to a worthy cause.

This year, in the spirit of solidarity— a core principle of Catholic Social Teaching— students will take part in an immersive experience on Friday, April 4th. Working in their family groups, with senior students guiding younger learners, they will construct makeshift huts or homes. This activity aims to foster empathy by offering a small glimpse into the challenges faced by refugees worldwide.

The day will commence with an early BBQ lunch (helpers needed please).

A prayer and quick introduction.

Approximately 12:00 the learners will create their huts within their family groups.

There will be time for a snack and a walkathon at 1:45pm.

The students will walk a block of the school and be sponsored by parents/friends/relations. Donations can be given through a QR code from Caritas Australia. We will need parent helpers to encourage and walk with the students.

The day will conclude at an early finishing time at 2:30pm

If there are any questions regarding the day's events, please email-  
[dnihill@olshelmore.catholic.edu.au](mailto:dnihill@olshelmore.catholic.edu.au)

To help our family groups bring their huts to life, we need materials such as hessian, blankets, camp chairs, and tarps. If you're able to contribute, please send these items to school as soon as possible so students can begin planning and preparing for this meaningful experience.

Your support is greatly appreciated.

Ms Nihill



# Community News



## Elmore Auskick Centre is looking for a Coordinator

**Role:** To ensure all participants have fun and make new friends whilst developing AFL skills. We are pleased to offer the following exclusive coordinator incentive in 2025:

**\$** \$50 Discount on your child's 2025 Auskick registration fee or \$50 AFL Store Voucher if you don't have a child in Auskick

**Interested in becoming the Coordinator or would like more information?** Please contact Participation Coordinator - Maddy Pieper on [madeline.pieper@afl.com.au](mailto:madeline.pieper@afl.com.au) or 0488 777 412



## ELMORE PS 150 YEAR CELEBRATIONS

# COMMUNITY FAIR

SATURDAY 29TH MARCH 10AM - 3PM

FOR THE KIDS

## UNLIMITED ACTIVITY PASS

EARLY BIRD PRICE \$25 OR \$30 ON THE DAY

JURASSIC ADVENTURE



- INFLATABLES
- INTERACTIVE REPTILE DISPLAY
- PLAYGROUP PLAY CENTRE
- TEMPORARY TATTOO
- CFA FIRE TRUCK
- VICTORIA POLICE CAR + STAND

INFLATABLE BUNGEE-RUN



INCLUDES 1 X SAUSAGE AND SOFT DRINK

FOR THE GROWN UPS

- 25+ Market Stalls
- Extensive historical Displays
- Student Art Displays
- Commemorative tea towel, pavers and local wine
- Food and Drink
- Live entertainment
- Licensed Bar



## PAST AND PRESENT STUDENT AND STAFF PHOTO AT 1PM

CONTACT THE SCHOOL ON 54326247 OR EMAIL [ELMORE.PS@EDUCATION.VIC.GOV.AU](mailto:ELMORE.PS@EDUCATION.VIC.GOV.AU) TO PRE-PURCHASE UNLIMITED ACTIVITY PASSES, TEA TOWELS, PAVERS AND WINE. ALL ITEMS CAN BE PURCHASED ON THE DAY



# SEASON LAUNCH FAMILY DAY \$1000 DRAW

## EXTRAVAGANZA

SATURDAY 5TH APRIL 12PM

AT ELMORE REC RESERVE

TICKETS \$30 ADULTS KIDS FREE\*

TICKET INCLUDES:  
• LUNCH & NIBBLES  
• TICKET INTO \$1000 DRAW  
• LIVE ENTERTAINMENT

Join us to celebrate the start of the 2025 season

\$1000 cash draw

Come mingle with new and current members

Meet the coaches

Our Family Fun Day is packed with activities for all ages, including:

- FACE PAINTING
- KIDS ENTERTAINMENT
- LAWN GAMES
- FAIRY FLOSS

TICKETS AVAILABLE THROUGH WEBSITE AND SOCIAL COMMITTEE

NOTE: THERE WILL BE FOOTBALL & NETBALL TRAINING ON FROM 10:30AM, SPECTATORS WELCOME

AGNICO EAGLE FOSTERVILLE

AXEDALE QUICK SHEAR

# Family FUN DAY

Join us for the Axedale Quick Shear and Family Fun Day! Enjoy the Shearing Competition, Kids Zone, food, drinks, and support the local community.

**SATURDAY 22 MARCH 12PM TO 6PM**

- Quick Shear Competition
- Kids Zone & Market
- Live Music, Bar & BBQ

## SAVE THE DATE

[axedalequickshear.com.au](http://axedalequickshear.com.au) Axedale Park, Axedale, Vic 3551



# Community News

## Rochester Secondary College

### Key Dates:

#### Open Night – March 26

All prospective parents, carers and students welcome. Come along and discover all that Rochester Secondary College has to offer. Two sessions: 4.30pm and 5.30pm.

#### Primary School Visits – May 5 (All week)

Current Year 7 students will visit Primary schools to share their experiences since starting at the college.

#### Experience Day – June 17

Grade 5/6 students will spend a day at the college, exploring several different curriculum areas.

#### Primary School Visits – October 11 (All week)

Our staff will visit with primary schools to collect information about 2026 Year 7 students

#### Family Interviews – November 10-12

Families will be invited to come in for an interview to share information about their child.

#### Extra Transition – November 24-27

Sessions will be offered to those students needing extra support with their transition.

#### Orientation Day – December 9

2026 Year 7 students will spend a day at the college, meeting their new classmates and teachers.

Year 7 2026 Information Night – Join Us at RSC!

We're excited to welcome future Year 7 students and their families to Rochester Secondary College's Information Night! This is a great opportunity to explore our wonderful school, meet our staff, and learn about the exciting journey ahead.

 Date: Wednesday March 26... [See more](#)



**OPEN NIGHT**

All prospective parents, carers and students welcome.

Come along and discover all that Rochester Secondary College has to offer.

**MARCH 26TH: TWO SESSIONS - 4:30PM & 5:30PM**

[Learn More](#)  See Contact (03) 5494 1844  More Information [www.rochsecvic.edu.au](http://www.rochsecvic.edu.au)



**OPEN DAY 2025**

 **CATHERINE MCAULEY COLLEGE BENDIGO**  
*celebrating 150 years*  
1876 - 2026

**LEARNING FOR LIFE**

Do you want to learn how to think independently and be adaptable?  
Join our welcoming community in 2026 to learn the skills you need to thrive and serve.

Attend our Open Day to see our innovative educational facilities and spacious grounds, including the new Mercy Junortoun Sporting Precinct. Learn about the College's academic, creative and sporting programs.

- Learning activities
- Guided tours
- Information stalls
- Live music
- BBQ

**Open Day**  
When: 4.30 - 7pm, Wednesday 26 March  
Where: Coolock Campus, Junortoun

**Enrolments for Year 7, 2026**  
Open: Wednesday 26 March 2025  
Close: Friday 9 May 2025

**Discover more!**  
Visit our website – [cmc.vic.edu.au](http://cmc.vic.edu.au)

**Enrolment enquiries:**  
Audra Petri, College Registrar  
5445 9100 | [enrolment@cmc.vic.edu.au](mailto:enrolment@cmc.vic.edu.au)

A Ministry of Mercy Education Ltd | ABN 69 154 531 870

Register online – [cmc.vic.edu.au](http://cmc.vic.edu.au)



**HOLIDAY FOOTY FRENZY**

**MONDAY 7TH & TUESDAY 8TH APRIL**  
**8.30AM - 5PM**

**ATKINS ST, NORTH BENDIGO**

**AGES: 5 - 14**

**SNACKS AND LUNCH PROVIDED**

**1 DAY - \$80**  
**2 DAYS - \$150**

Who will win the Fitzpatrick Cup?

**MORE INFO AND SIGN UP HERE**



## Campaspe Cluster Cross Country 2025

**Date:** Wednesday the 26<sup>th</sup> of March (Term 1, Week 9)

**Venue:** Elmore Events Centre (Field Days Site)

All vehicles must enter from gate 5 which is off Rosaia Road. Once in gate 5 vehicles can park (it is described as bus parking) as close to the entrance of the field days site as possible. Our Assembly area is at the back of the Catering Pavilion. This is a decent walk with the students however we cannot have any vehicles inside the site as it poses a danger to children, staff and families. All gates will be locked to prevent car access to the running tracks.

Do not use the Main Entrance gate under any circumstances. This is a request from the Events Centre, please help us by adhering to this.

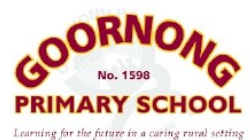
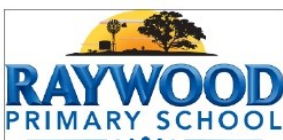
The schedule for the day is: Please remember these are approximate times....

12:00pm	Arrival
12:15pm	First Race (5/6 & 7 year olds – 1km race)
12:40pm	Presentations for 1km race
12:50pm	Second Race (8, 9 & 10 year olds – 2km race)
1:30pm	Presentations for 2km race
1:40pm	Third Race (11 & 12/13 year olds – 3km race)
2:20pm	Presentations for 3km race
2:30pm	Departure

### Parents and other Guests

Are welcome to come along to watch, support and encourage the runners.

Parent Volunteers: It would be great to have a few parent volunteers to assist with encouraging and directing the children on the track.





# Community News

