



# From the Heart



Newsletter No. 5

26th February , 2025

## COMING UP AT OLSH...

### FEB 2025

Fri 28th Cluster Swimming

### MARCH 2025

Tue 4th Shrove Tuesday (Pancakes from 8am)

Wed 5th Ash Wednesday Liturgy 2:50pm

Mon 10th Labour Day **Public Holiday**

Wed 12th NAPLAN Begins

Tue 18th **School Photos**

Fri 21st Harmony Day

Mon 24th NAPLAN Closes

Wed 26th Cluster Cross Country

### APRIL 2025

Wed 2nd **PUPIL FREE DAY**

Fri 4th **Last Day of Term (3 weeks holiday)**

Tues 22nd to Thurs 24th **PUPIL FREE DAYS**— Staff Professional Development

Mon 28th School returns—first day back for students

## *From the Principal...*

Dear Parents,

The Church season of Lent is nearly upon us, starting with Ash Wednesday next week, it lasts 40 days until Holy Thursday (17th April). Lent is a time of Alms giving (giving out time and material resources to those in need) and Prayer and Fasting (abstaining from food, drink and entertainment).

Interestingly, children (and many adults) remember more clearly the day before lent—Shrove Tuesday (aka pancake Tuesday). The purpose of the day was to use up all of the sweet treats on the pancakes so fasting during Lent would be more meaningful. As an OLSH tradition, pancakes will be cooked and consumed by students, staff and parents on Tuesday 4th March from 8:30am. It should be a great way to kick off Lent.

## Pancake Day Volunteers Needed

If any parents or community members are available to prepare and cook pancakes next Tuesday 4th March, your help would be greatly appreciated. Please contact the school if you are able to assist.

Email: [principal@olshelmore.catholic.edu.au](mailto:principal@olshelmore.catholic.edu.au)

Text: 0497 191 434

Phone: 5432 6254

## OLSH Parents Group

There has been some interest among parents about starting a Parents Social Group. The group's purpose would be to promote school community gatherings and possibly opportunities to support the students and the school. There will be a short discussion about the idea of forming this parents group following the pancake session next Tuesday 4th March at 8:30am.

Cheers,  
Matt.

# School News



## LEARNERS OF THE WEEK

Term 1, Week 4: Congratulations to Zayde, Chase, Jasper, Mackenzie and Chevi for being named our Learners of the Week!



### MHiPS (Mental Health in Primary Schools)

Jo Webb—OLSH's MHiPS Leader is currently undertaking training, and wanted to share to the community the above jigsaw diagram which breaks down what the role will be focusing on. Jo will continue to share insights into the MHiPS initiative within the newsletter and looking forward to connecting with the OLSH community.



### SCHOOL PHOTOS

School photos are on Tuesday, 17th March.

Order envelopes were sent home today with the eldest child in each family. You should have one envelope for

#### Please return

**your orders to the school ASAP.** No change will be given on the day so it is vital that parents hand in envelopes that have the correct money enclosed or pay via EFT as per the instructions on the order envelope.

Students should wear their school uniform and black school shoes on the day.

## Shrove Tuesday Celebration

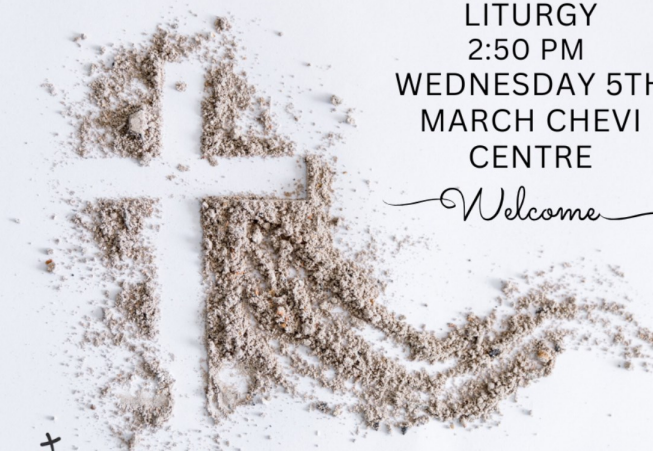
08:30am on 4 March 2025




# Catholic Identity



Pancake Day, or Shrove Tuesday, is the traditional feast day before the start of Lent on Ash Wednesday. Lent – the 40 days leading up to Easter. We will gather together as a community to celebrate and eat pancakes 8:30am Tuesday 4th March. We will also burn the palms in preparation of Ash Wednesday. Ash Wednesday marks the beginning of a new season in the Church's year. The tradition of the Church has been to see Lent as a period of renewal and preparation for the great feast of Easter.



ASH WEDNESDAY  
LITURGY  
2:50 PM  
WEDNESDAY 5TH  
MARCH CHEVI  
CENTRE  
*Welcome*

 PILGRIMS OF HOPE 2025

CARITAS AUSTRALIA  
**PROJECT  
COMPASSION**



## Ash Wednesday *(5th of March 2025)*

This Lent, we are called to *Unite Against Poverty* through Caritas Australia's Project Compassion. By taking home a Project Compassion donation box or envelope, you'll be answering the Gospels' call to care for our global family and walk alongside the most vulnerable.

Your generous support this Lenten Season will enable Caritas Australia to provide life-changing support to communities facing poverty, food insecurity, lack of education, and water shortages, while building resilience against future challenges. Together, through faith and action, we can bring hope and opportunity to those most in need.

**UNITE  AGAINST  
POVERTY**  
**this Lent**



**Please donate today.**

You can support Project Compassion 2025 through the donation boxes, envelopes or by scanning the QR code above.

**Or online at:** [caritas.org.au/project-compassion](https://caritas.org.au/project-compassion)

**Or by calling:** 1800 024 413

Thank you for standing with us, as we *Unite Against Poverty this Lent*.

CARITAS AUSTRALIA  
**PROJECT  
COMPASSION**



# Community News

## Elmore

SMALL TOWN, BIG HEART

### Community Calendar

#### MARCH

- 3rd Elmore District Health Service Auxiliary meeting, 10am at Elmore Primary Health.
- 5th Campaspe Run Extraordinary General Meeting 7pm Campaspe Run, 61 Railway Place.
- 6th Field Days Catering Committee AGM at Chevalier Centre, rear OLSH school, Childers St entry, 7.30.
- 7th World day of Prayer, Anglican Church, 10am.
- 15th Craig Castree talks at Echuca Library. Echuca Library, 310 High Street 10.15am.
- 11th Kay's Classic Fashions, Uniting Church, 1.30pm.

Line dancing classes fortnightly on Tuesdays at 7pm at the Elmore Memorial Hall.  
Enquiries to Kay, 0408 511 813.

YOGA: Elmore on Tuesdays, 5.30-6.45pm, at Chevalier Centre, OLSH school, until 1st April 2025.  
Phone Lea Holmberg 0429978310. See website - [www.yogaspot.com.au](http://www.yogaspot.com.au)



**Elmore Auskick Centre is looking for a Coordinator**

**Role:** To ensure all participants have fun and make new friends whilst developing AFL skills.  
We are pleased to offer the following exclusive coordinator incentive in 2025:

💰 \$50 Discount on your child's 2025 Auskick registration fee or \$50 AFL Store Voucher if you don't have a child in Auskick

Interested in becoming the Coordinator or would like more information? Please contact Participation Coordinator - Maddy Pieper on [madeline.pieper@afl.com.au](mailto:madeline.pieper@afl.com.au) or 0488 777 412



**BENDIGO FORD FUN RUN**  
2 MARCH 2025

**REGISTER NOW** [bendigofordfunrun.com.au](http://bendigofordfunrun.com.au)


<b>1km</b> KIDS DASH	<b>3km</b> SHORT COURSE	<b>5km</b> RUN/WALK + BUSINESS CHALLENGE	<b>10km</b> FUN RUN	<b>21.1km</b> HALF MARATHON
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**All proceeds support the Bendigo Health Foundation**


**FOODSHARE**  
**Tuesday's & Thursday's**  
**11am to 12pm**  
**ROCHESTER SHIRE HALL**  
**43 MACKAY STREET**  
**\*PLEASE NOTE CHANGE TO OPENING HOURS**





**Rochester**  
**COMMUNITY ACCESS FLOOD RELIEF FUND**  
**ROUND 2 AVAILABLE NOW**





Scan the QR code to apply

Flood Relief Grants  
Round Two of the Rochester Community Access Flood Relief Funds are NOW OPEN!

All applications must be submitted online, if you require assistance to apply (please bring bank details and proof of residency) or would like more information about eligibility, please visit Community House.