



From the Heart



Newsletter No. 12

28th April 2022

COMING UP AT OLSH...

MAY 2022

Mon 2	Year 5/6 Leadership Day
Thu 5	Mother's Day Liturgy – 2.30pm
Sun 8	Mother's Day
Tue 17	Advisory Council Meeting – 7pm
Thu 19	Campaspe Cross Country – TBC
Thu 26	National Sorry Day
Thu 26	OLSH Feast Day Assembly
Fri 27 – Fri 3	National Reconciliation Week
Sun 29	OLSH Feast Day

JUNE 2022

Mon 13	Queen's Birthday Public Holiday
Tue 14	Advisory Council Meeting – 7pm
Fri 24	Last Day Term 2

"Jesus said:
'Because you
have seen Me,
you have believed.
Blessed are those
who have not seen
and yet believe.'"
John 20:29

From the Principal ...

Welcome to Term 2. I hope that you all managed to enjoy a break in the regular school routine and found some downtime for yourselves in the process.

CHANGES IN COVID REGULATIONS IN SCHOOLS

Schools have been given relief from previous COVID regulations. These include:

- Students in years 3 - 6 no longer need to wear a facemask
- Close contacts no longer need to isolate. They do however need to rapid test 5 times in 7 days and wear a mask to school
- Visitors to school no longer need to show proof of vaccination and are not required to wear a mask either

Some regulations remain, however, the most significant of these being the requirement to continue to self-test 2 times a week for the first 4 weeks of this school term. More RATs have been sent home to accommodate this. It is preferred that this testing is done of a Sunday and Wednesday night, please.

MOTHER'S DAY LITURGY

Next Thursday 5th May, we invite anyone from our school community to come along to our Mother's Day liturgy at 2.30pm. This will either be in the Chevi Centre or under the COLA depending on the weather.

Have a great week everyone!

Craig Simpson
Principal

School News

ANZAC DAY CEREMONIES

On Monday, Ruby O'Sullivan and Tarli Nihill represented our school at the ANZAC day ceremonies here in Elmore. A huge thank you goes out to these two girls, and their families, who took time out of their holiday to both represent our school and pay respect to those Australians who have sacrificed so much through our war efforts.



Our Lady of the Sacred Heart School promotes the safety, wellbeing and inclusion of all children.

W: olshelmore.catholic.edu.au

PH: 54326254

E: principal@olshelmore.catholic.edu.au

Easter ... reminds us that God reaches us in human touch. It is in our physical, earthy humanity that we heal and save each other. We have learned this from a human God. John placed his ear on the heart of Jesus at the Last Supper. Mary Magdalene touched his feet, Thomas his wounds.

Daniel O'Leary, Unmasking God, 24.

CHRIST IS ALIVE!

Alive, he can be present in your life at every moment, to fill it with light and to take away all sorrow and solitude. Even if all others depart, he will remain, as he promised: "I am with you always, to the end of the age" (Mt 28:20). He fills your life with his unseen presence; wherever you go, he will be waiting there for you. Because he did not only come in the past, but he comes to you today and every day, inviting you to set out towards ever new horizons.

Pope Francis, Christus Vivit, 124-5



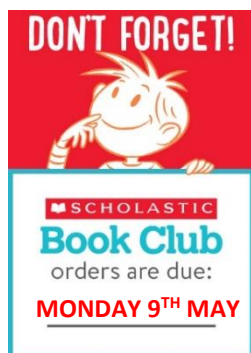
Breakfast Cereal Drive!

Our Lenten drive for Elmore Foodshare was enormously successful. We have decided to continue into Term Two. We ask families to donate boxes of cereal (one box per family) for the people of Elmore who access the Foodshare. We thank you for your continued support.



LEARNERS OF THE WEEK

Congratulations to Amelia, Trey, Hamzah & Ruby for being named our Learners of the Week!



SCHOLASTIC BOOK CLUB ISSUE 3 – ORDERS DUE 9TH MAY

Issue 3 of the Scholastic Book Club catalogue is now online. Ordering books through Book Club is an easy way to offer students the best in children's books for the home and to encourage independent reading for fun. Book Club offers students a wide range of titles in each issue, from popular and award-winning fiction series and charming new picture books, to fascinating nonfiction titles and hands-on activities that stimulate creativity and encourage problem-solving.

Book Club orders must be placed online via <https://mybookclubs.scholastic.com.au/parent/login.aspx>.

No cash orders will be accepted at the school office.

FOOTY TIPPING – ROUND 4, 5 & 6

Congratulations to our top tipplers in Rounds 4, 5 & 6!

Reno & Hamzah picked 7 winners in Round 4. Mr Simpson topped the tips in Round 5 with 9 winners! Tarli and Mrs Price picked 8 winners in Round 6.



Student Leader Board

Tarli	38
Reno	36
Ayla	31
Hamzah	31
Lucy	30

Staff Leader Board

Mrs Price	36
Mr Simpson	34
Mrs Carty	32
Mrs Murray	26
Kira	25

Community News

DISCOVER CMC IN 2023

WE'RE WITH YOU ALL THE WAY!

ENROL NOW

Visit for a College Tour or find out more at Virtual Open House:
OPENHOUSE.CMC.VIC.EDU.AU

COLLEGE TOURS: Tue & Thu: 29 & 31 March; 5 & 7 April; 3 & 5 May. Book online now!

ENROLMENTS OPEN FOR YEAR 7, 2023: Now open. Apply online! bit.ly/cmcEnrol22

'DISCOVER CMC' DAYS: Mon 2 – Fri 6 May. For Grade 6 students at Coolock Campus.

ENROLMENTS CLOSE FOR YEAR 7, 2023: Tue 10 May 2022.

ENROLMENT ENQUIRIES **Audra Petri** College Registrar ☎ 5445 9100 ✉ enrolment@cmc.vic.edu.au 🌐 www.cmc.vic.edu.au

Catherine McAuley College | A Ministry of Mercy Education Ltd | ABN 69 154 531 870

Woolworths **net set go**

FOR AGES 5-10

NET SET GO

2022

Commencing Thursday
28th of April
4:30pm
Every Thursday
in Term 2
Elmore Netball Club

ROCHESTER BASKETBALL NEWS

CUT OFF DATE FOR REGISTRATION IS MAY 6th.

This will allow the RBA to arrange teams, coaches and draws.

SEASON KICKS OFF THE WEEK OF THE 16th MAY

The season will be a 10-12 week season spread over Term two and Term three. We do not play school holidays and public holidays.

COMPETITION STRUCTURE AND NIGHTS

Weekly Monday – 2012, 2011, 2010, 2009, 2008

Weekly Tuesday – 2012, 2013, 2014, 2015

If your child is of a birth year that is listed twice the RBA will determine the best competition for your child to play.

RBA will determine teams.

To Register Please follow the link: <https://www.playhq.com/basketball-victoria/register/5ea361>

SPECIAL NEW COMPETITION

RBA are aiming to trial a new competition this winter season. It will be conducted as a fortnightly competition aimed at players born 2008, 2007, 2006 and 2005. Games will be played fortnightly on a Monday night. The game will be 30-minute halves with timeouts and substitutions allowed.

This will commence on the 23rd May and teams will be announced on arrival of each game night.

To Register please follow the link: <https://www.playhq.com/basketball-victoria/register/8cd930>

GIRLS ONLY COMPETITION

RBA are asking if there are girls wanting to play a girls only competition to please fill out details via <https://tinyurl.com/RBAfemale>

An RBA committee member will be in contact to discuss further.

GAME TIMES

We can only access the CVCC from 4pm onwards. We try to ensure the younger teams play early and are home at reasonable times. Matches may start from approximately 4.30 with a 50-minute time slot in between.

Matches will be twenty-minute halves.

The junior age group may have some alterations once numbers are known.

COMMUNICATION

Teams will be announced on RBA Team App.

Competition fixtures and structure will be listed on PlayHQ. Play HQ is [website](https://www.playhq.com) only.

Further updates and team changes will be announced via Team App, Facebook and Instagram. These can all be accessed via an app via App store or via the web.

BASKETBALL VICTORIA INSURANCE COST

Player insurance fee of \$26 for 12 months to Basketball Vic – you maybe asked to be paid if you are a new player or your insurance fees are due prior to the end of the season.

RBA SEASON FEES

Our weekly Junior Player competition registration fee is \$75 per player for the season (family discount of 5% is offered for two or more children)

Our fortnightly Monday competition for older players is \$50.

VENUE

All games are played at the CVCC at Rochester Secondary College.

Need further information

Email rochesterbasketballassociation@gmail.com

Ring/SMS Greg Tiller (President) on 0407 366 985.



Call into Rochester Community House for a cuppa & see what goes on here.
You might be Surprised...
Open 9am - 3pm
Monday - Thursday.



COME AND TRY CHAIR YOGA

Chair yoga allows you to modify your yoga practice based on your health, mobility and balance. Suitable for complete beginners and the elderly/less mobile.



WEDNESDAY 11TH OF MAY @ 3PM
PHONE 54 843600 TO BOOK YOUR SPOT
AS NUMBERS ARE LIMITED
Gold Coin Donation

BRING A FRIEND TO CROCHET OR SCRABBLE

ON WEDNESDAY 11TH OF MAY



CROCHET @ 10am

SCRABBLE @ 1PM



COME AND SEE WHAT GOES ON AT OUR MENS SHED

OPEN DAY @ THE MENS SHED
LOCATED AT THE REAR OF THE HOSPITAL PASCOE ST
Thursday 12th of May
11.30am for a BBQ Lunch
Ph 54 843600 to register

Gold Coin Donation



OPEN DAY @ THE ROCHESTER COMMUNITY GARDEN

MONDAY 9TH MAY @ 10.30 am
LOCATED AT THE COURTHOUSE MOORE ST
Come and see our beautiful new
Community Garden!
Devonshire Tea will be provided by the Rotary
Club in the Courthouse.
Gold Coin Donation



COMMUNITY KITCHEN WELCOMES YOU TO OUR

HIGH TEA AT THE HALL



THURSDAY 12TH OF MAY @ 10AM
in the Shire Hall
PHONE 54 843600 TO BOOK
GOLD COIN DONATION

FOOD SHARE OPEN DAY

CALL INTO THE SHIRE HALL TUESDAY 10TH
OF MAY BETWEEN 11AM AND 12PM
AND SEE WHAT OUR FOOD SHARE PROGRAM IS ALL
ABOUT



Rochester Community Kitchen

Start Date Thursday 28th April
(every second Thursday)

Cook a nutritious lunch, then sit and enjoy delicious food with good company (everything provided)
Time 10am

Cost \$5 for 2 courses

Where Rochester Shire Hall Kitchen
Registrations are essential!



Meet | Learn | Share | Support

Contact Details

Ph: 03 5484 3600

rochy@communityhouse.org.au
43-45 Mackay Street Rochester

Opening Hours

Monday - Thursday
8.45am - 3.15pm
Friday - Closed

Other User Groups of the House

Alcoholics Anonymous

Open ID, Newcomers Welcome.
Every Tuesday at 8pm.
Contact Scott 0438 842 918 or
Kel 0438 331 407

Drug & Alcohol Family Support Group

1st Wednesday of the month
contact Amanda on 0409 075 074

Rochester TOWN Club

Meet every Tuesday from 4pm.
Further information contact
Marie 0408 674 420

Rochester Cemetery Trust

Meet second Wednesday of the month,
7.30pm Contact Wyn Hodgins
0428 998 264

Rochester Community House Inc acknowledges & responds to the community needs by maximising participation through access to personal development in a welcoming & supportive environment.

Privacy Policy

"Rochester Community House respects your right to information privacy. Information collected and held by us is kept in accordance with information privacy laws. Please contact us if you would like any further information on our privacy policy."



Meet | Learn | Share | Support

ROCHESTER COMMUNITY HOUSE

Term 2 Program 2022 26th April - 23rd June.

Community Dance Program with

Hannah.

Mondays from 3:30pm

(subject to change)

Starting 2nd May.

An inclusive & fun dance program for girls & boys from the age of 3.
Cost varies per class, but range between \$25 — \$55 per term.
Classes held inside the Shire Hall

Strength & Balance with Chris

Mondays Ongoing 9am

A friendly fitness group for mature aged individuals, using weights to aid strength & balance.

Class held inside Shire Hall

\$5 per session



HAVE YOU CHECKED OUT THE GARDEN YET? THE PATHS HAVE BEEN COMPLETED AND WORKSHOPS HAVE BEGUN. THIS TERM WE WILL BE HOLDING WORKSHOPS ON GROWING VEGETABLES (RESTARTING THURSDAY 21ST APRIL 4PM), COMPOSTING, PERMACULTURE, Paddock (GARDEN) TO PLATE. PLEASE REGISTER YOUR INTEREST BY CONTACTING RCH AS PLACES ARE STRICTLY LIMITED. THESE WORKSHOPS WILL BE FREE. THANKS TO FUNDING THAT WE HAVE RECEIVED THROUGH DELWP.

Art & Craft classes with Shaz.

A painting/art class for those wanting to explore their artistic abilities.

Bring yourself and any particular medium you would like to use. We will provide some materials and sketch book.

Thursdays starting 5th May at 9.30am.

Places are limited so please contact RCH to secure your place.

TUNE INTO TECHNOLOGY

INFO SESSIONS WITH CARLI

Did you know we offer Computer Courses for everyone?

Come and learn the basics of computer use, email, surfing the internet or creating a word document. Thursday Mornings, starting TBA. Contact us to register today.

Rochester Mens Shed

Located at the rear of the Rochester & Elmore District Health Service (REDHS) with women always welcome.

Come along and enjoy a cuppa and a chat while learning new skills. Please contact the Community House office for more information.

Open:

Monday, Tuesday, Thursday & Friday
9am—12pm*subject to volunteer availability.

\$3 per session

New Members & Ladies Welcome.

SOCIAL GROUPS

Scrabble - \$3

Wednesdays 1pm

Crochet - \$2

Wednesdays 10am

Held inside the Community House

Keep up to date with us by visiting our Facebook page.

Rochester Community House is proudly supported by both:

