



# From the Heart



Newsletter No. 10

31<sup>st</sup> March 2022

## COMING UP AT OLSH...

### APRIL 2022

Wed 6	5/6 Students visiting Foodshare
Wed 6	Cluster Cross Country
Wed 6	Resilience Project Parent Session
Thur 7	5/6 Students visiting Elmore Health
<b>Fri 8</b>	<b>Last Day Term 1 – 2.25pm dismissal</b>
Fri 15	Good Friday
Sun 17	Easter Sunday
Mon 18	Easter Monday
Mon 25	ANZAC Day Public Holiday
<b>Tue 26</b>	<b>First Day Term 2</b>

### MAY 2022

Mon 2 – Fri 6	Catholic Education Week
Mon 2	Year 5/6 Leadership Day - TBC
Tue 3	CMC Information Session
Sun 8	Mother's Day
Wed 18	Advisory Council Meeting – 7pm
Thur 19	Campaspe Cross Country – TBC

### JUNE 2022

<b>Mon 13</b>	<b>Queen's Birthday Public Holiday</b>
Wed 15	Advisory Council Meeting – 7pm
<b>Fri 24</b>	<b>Last Day Term 2</b>



## From the Principal ...

Dear Families,

Next week brings us to the last week of term.

I'm sure you all agree that it has absolutely flown, but from my perspective, I could not have enjoyed it more. It has been wonderful getting to know all of the students, they are such a great bunch, and it has been a real privilege to work with our staff, who, as I have mentioned before, are extremely hard working and totally centred on ensuring all children are learning and thriving.

Also, whilst I haven't met all the parents, it has been great getting to know most of you and I am feeling a great sense of partnership between the school and the families. One of the things I have come to learn over my time in education is that children are much better served when the school and the home work together and support one another in helping children navigate the many nuances of growing up - OLSH is doing this very well, thank you everyone.

The reminders for this week:

- **Cross Country** is **Wednesday, April 6th** for the whole school. Please complete the permission forms via PAM asap
- The **Resilience Project Parent Online Session** is **Wednesday, April 6th, beginning at 6.30pm**. Please see details inside today's newsletter to be able to log into this session
- Our senior students are involved in a couple of wonderful, community-based initiatives this week. On Wednesday they are taking **our 'can collection' to foodshare** to be distributed amongst the community and on Thursday they are making **morning tea for the staff at Elmore Health** as a way of saying thanks for their huge efforts in supporting the community during the pandemic
- Friday, April 8th is our last day of term, which means that **school will finish at 2.25pm on this day**, to keep in line with the bus timetable.

Have a great week ahead everyone,

Craig Simpson  
Principal

*Our Lady of the Sacred Heart School promotes the safety, wellbeing and inclusion of all children.*

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# School News



## 40 CANS FOR 40 DAYS

Congratulations to all the OLSH families for donating to our "40 Can" collection. We have exceeded expectations with over 60 cans donated. These cans will be given to Elmore Food Share next week.



## LENT & EASTER

### Lent & Easter: Celebrating the Paschal Mystery

#### INTRODUCTION

Every moment of human life is subject to the play of multiple rhythms of time, some daily, others weekly, monthly, yearly or seasonal. Annual rhythms include the calendar year, the financial year, the school year, the sporting year, and the cycle of nature's seasons. There are the seasons of life too - childhood, adolescence, adulthood, middle age and older years - punctuated by particular personal anniversaries such as birthdays, weddings, deaths.

#### The liturgical year

For Christian believers there's another, more fundamental, rhythm. It's the calendar of faith, the annual cycle of feasts and seasons by which the church celebrates the mystery of Jesus Christ. The proper name for this is the "liturgical year" though this expression only became current in the 20<sup>th</sup> century. Revised fifty years ago by authority of the Second Vatican Council, the liturgical year has become a familiar experience for regular church-goers.

The first Sunday of Advent heralds four weeks of preparation for Christmas Day and the Christmas season. The Advent-Christmas combination is followed by a relatively short season of Ordinary Time before Ash Wednesday ushers in the forty days of Lent. The observance of Lent culminates in the solemn celebrations of Holy Thursday, Good Friday and the Easter Vigil that lie at the heart of the year. The ensuing fifty days of the festive Easter season come to a glorious close on Pentecost Sunday. Finally the church embarks on the second and longer part of Ordinary Time, until the "end times" come into view and a new season of Advent begins.



## Sacraments 2022

(03) 5432 6254  
[dnhill@olshelmore.catholic.edu.au](mailto:dnhill@olshelmore.catholic.edu.au)

If any family is interested in receiving the Sacraments this year please let the school know. Denise Nihill (Religious Education Leader)

Baptism, Reconciliation,  
 Eucharist/Confirmation

- Denise Nihill (Catholic Identity Leader)

## FOOTY TIPPING – ROUND 2

Congratulations to Mr Simpson for picking 7 winners in Round 2!

### Student Leader Board

Brock	11	Hamzah	11	Isabella	11
Regan	11	Hudson	11	Blake	11
Zyrah	11	Ayla	11	Cassidy	11
Lakota	11	Frankie	11	Hunter	11
Charlie	11	Hayden	11	Cooper	11

### Staff Leader Board

Mrs Price	10
Mrs Murray	10
Mr Simpson	10
Kira	6



# LEARNERS OF THE WEEK

Congratulations to Roy, Tarli, Nate, Ayla, Zyrah, Ruby & Ashley for being named our Learners of the Week!



## RESILIENCE PROJECT PARENT SESSION – WEDNESDAY 6<sup>TH</sup> APRIL

Parent and Carers are invited to a webinar with Hugh van Cuylenburg, Founding Director of the Resilience Project, on **Wednesday 6th April from 6.30pm - 8.00pm (90 minutes)**.

During this presentation, Hugh will share his experiences and combine them with practical strategies that can be implemented every day to improve our overall wellbeing.

**Parents will need to register using the following registration link:**

[https://us02web.zoom.us/webinar/register/WN\\_KAyQq0s-TjiuXOVAuBa1JQ](https://us02web.zoom.us/webinar/register/WN_KAyQq0s-TjiuXOVAuBa1JQ)

Upon registration, registrants will receive a link to attend the webinar, along with a reminder the day prior.

*\*Please note that the webinar will include parents and carers from other Resilience Project Partnership Schools.*



## AFTER SCHOOL CARE PROGRAM – NOW AVAILABLE!



OSHClub is our new provider of After School Care at Elmore Primary School! The program at Elmore Primary School is open for the children of Our Lady of Sacred Heart Primary School with students travelling by bus to Elmore Primary at no additional cost.

Parents who are interested in using afterschool care with OSHClub at the Elmore Primary School can now enrol online at <https://www.oshclub.com.au/vic/elmore-primary-school/>

## SCHOOL UNIFORMS

As we start to get some chillier mornings, a reminder that school uniforms can be ordered at any time by:

- Calling Hip Pocket on 5480 1027 or
- Visiting Hip Pocket at 173 Pakenham St, Echuca.

We are grateful to them for working with us to provide school uniforms.



# Community News



**ROCHESTER  
SECONDARY COLLEGE**

**Year 7 2023**  
*Information Night*

**WEDNESDAY 30TH MARCH**  
**Session Times - 5:30pm and 6:30pm**  
PLEASE BOOK A TIME AT THE OFFICE ON 0354841844

*Join the journey as every child GROWS at Rochester Secondary College*



**DISCOVER CMC IN 2023**  
**WE'RE WITH YOU ALL THE WAY!**

**ENROL NOW**  
Visit for a College Tour or find out more at Virtual Open House:  
**OPENHOUSE.CMC.VIC.EDU.AU**

**COLLEGE TOURS:** Tue & Thu: 29 & 31 March; 5 & 7 April; 3 & 5 May. Book online now!  
**ENROLMENTS OPEN FOR YEAR 7, 2023:** Now open. Apply online! [bit.ly/cmcEnrol22](http://bit.ly/cmcEnrol22)  
**'DISCOVER CMC' DAYS:** Mon 2 - Fri 6 May. For Grade 6 students at Coolock Campus.  
**ENROLMENTS CLOSE FOR YEAR 7, 2023:** Tue 10 May 2022.

ENROLMENT ENQUIRIES **Audra Petri** College Registrar ☎ 5445 9100 ✉ [enrolment@cmc.vic.edu.au](mailto:enrolment@cmc.vic.edu.au) 🌐 [www.cmc.vic.edu.au](http://www.cmc.vic.edu.au)  
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## HEADING TO HIGH SCHOOL? ON YOUR BIKE!



**Time**  
10am – 2pm

**Program Dates**  
22 – 23 April

**Cost**  
\$25 for two sessions  
(\$20 early bird until 1 April)

**Booking Essential**  
[www.trybooking.com/BXIEI](http://www.trybooking.com/BXIEI)

**School holiday program for teens & tweens**

- Brush up on your riding skills
- Understand the road rules
- Learn strategies for safe on-road riding
- Prepare for independent travel

**BIKE BENDIGO**

**About the instructors**  
**Nicola Dunicliff-Wells** is an accredited Bike Ed Instructor and AustCycle Skills Coach. President of Bike Bendigo and mother of three, she is passionate about supporting active travel to school.  
**Nait Cassamento** is a Bike Ed instructor. An Outdoor Education student, he formerly studied urban planning and loves active transport. He currently works across Melbourne for Cycling Unlimited, and has experience in various school roles.

This program is funded through the VicRoads Community Road Safety Grants program

Community Road Safety Grants | 